

Line Dancers Swing

COPPER KNOB
STEPPERS

拍數: 48 牆數: 0 級數:
編舞者: Sandy Nelson
音樂: Swingin' - John Anderson



- 1-2 Touch right toe back; touch right toe to side
3 Touch right heel front with toe at 45 degree angle
4 Swing right heel up, raising up on ball of left foot, keeping toe at 45 degree angle
5-6 Touch right heel front; touch right toe side
7 Touch right toe back
8 Kick right foot behind left leg, raising up on ball of left foot
- 9-10 Step to right with right foot; cross left foot behind right foot
11-12 Step to right with right foot; touch left toe next to right foot
13-14 Touch left toe back; touch left toe to side
15 Touch left heel front, with toe at 45 degree angle
16 Swing left heel up, raising up on ball of right foot, keeping toe at 45 degree angle
- 17-18 Touch left heel front; touch left toe side
19 Touch left toe back
20 Kick left foot behind right leg, raising up on ball of right foot
21-22 Step to side with left foot; cross right foot behind left foot
23-24 Step to the side with left foot; touch right toe next to left foot
- 25 Cross right foot over left and rock forward onto right foot, raising left heel
26 Shift weight to left foot and raise right heel
27 Shift weight to right foot and raise left heel
28 Scuff left heel forward
29 Cross left foot over right, rock forward on left foot, raising right heel
30 Shift weight to right foot, raising left heel
31 Shift weight to left foot, raising right heel
32 Scuff right foot forward
- 33 Raising on the ball of left foot, swing right foot back and under left heel
34 Raising on the ball of right foot, swing left foot back and under right heel
35 Raising on the ball of left foot, swing right foot back and under left heel
36 Step down on left foot
37 Cross right foot over left and rock forward at 45 degree angle
38-39 Rock back on left foot; rock forward on right
40 Scuff left foot, turning left at 45 degree angle past center
- 41 Cross left foot over right, rock forward at 45 degree angle
42-43 Rock back onto right foot; rock forward on left foot
44 Scuff right foot, turning right at 45 degree angle past center
45 Cross right foot over left ¼ turn past center, rock forward
46 Step back on left foot
47 Swing right foot ½ turn to right, pivoting on left foot, step down on right
48 Step left foot next to right

REPEAT

