

Line Dance Reggae!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jenny Marsh & Lindsey Marsh
音樂: The Train Is Coming - Ub40



ROCK STEPS SIDE & FORWARD/SIDE SHUFFLE TURN/ROCKS/SIDE SHUFFLE TURN/STEP PIVOT ½

1&2 Step side right, recover weight onto left, step right forward
3&4 Step side left, recover weight onto right, step forward left
5&6 Step side right, recover weight onto left, step left forward
7&8 Step side left, recover weight onto right, step forward left
9&10 Step side right, step left beside right, step side right turning ¼ right
11-12 Step forward left, recover weight onto right
13&14 Step side left turning ¼ left, step right beside left, step side left, turning ¼ left
15-16 Step forward right, pivot ½ turn left

ROCK/ROCK/SAILOR STEP TWICE/SIDE HIP BUMPS

17-18 Step side right, recover weight onto left
19&20 Cross right behind left, step side left, step side right
21-22 Step side left, recover weight onto right
23&24 Cross left behind right, step side right, step side left
25-27&28 Step right diagonally forward right while bumping hips right, left, right, left, right
29-31&32 Step left diagonally forward left while bumping hips left, right, left, right, left

Optional: during counts 27&28 and 31&32 bend knees slightly & roll hips forward and up-while doing train motion movements with arms beside the body!

SYNCOPATED VINE RIGHT & LEFT/TURNS WITH HIP CIRCLES

33-34& Step side right, cross left behind right, step side right
35-36 Step left beside right, step right to side
37-38& Step side left, cross right behind left, step side left
39-40 Step right beside left, step left to side
41-48 Step forward right, circle hips to the left making 1/8 turn left x4

HEEL SWITCHES WITH ROCKS/MONTEREY TURNS TWICE

49&50 Dig right heel forward, step right beside left, dig left heel forward
&51-52 Step left beside right, step forward right, recover weight onto left
&53&54 Step right beside left, dig left heel forward, step left beside right, dig right heel forward
&55-56 Step right beside left, step forward left, recover weight onto right
&57-60 Step left beside right, point right toe to right side, on ball of left foot turn ½ turn right over right shoulder bringing in right beside left, point left toe out to left side, step left beside right
61-64 Point right toe to right side, on ball of left foot turn ½ right over right shoulder bringing in right beside left, point left toe out to left side, step left beside right

REPEAT