Lindy's Star Swing/shuffle



拍數: 48 牆數: 1 級數: Improver

編舞者: Le Dokken (USA)

音樂: Don't Be Stupid (You Know I Love You) - Shania Twain



This dance follows a star pattern. To add something to this dance, on the side and angled steps, swing both arms to the outside on the step touches. On the forward and back rock steps, crook one arm up while pointing the other arm down

SIDE SHUFFLE LEFT, CROSS SHUFFLE, STEP, TOUCH

1&2 Shuffle sideways to the left (left, right, left)

3 Cross right foot over left and step

4 Keeping feet crossed, slide right foot to the left and step

Step to the left on left footTouch right toe next to left foot

SIDE SHUFFLE RIGHT, CROSS SHUFFLE, STEP, TOUCH

7&8 Shuffle sideways to the right (right, left, right)

9 Cross left foot over right and step

With feet crossed, slide right foot to the right and step
 Keeping feet crossed, slide left foot to the right and step

Step to the right on right foot Touch left toe next to right foot

SHUFFLES FORWARD, ROCK STEPS

13&14 Shuffle forward (left, right, left) 15&16 Shuffle forward (right, left, right)

17 Step forward on left foot

18 Rock back onto right foot shuffles back, rock steps

19&20 Shuffle back (left, right, left)
21&22 Shuffle back (right, left, right)

Step back on left footRock forward on right foot

DIAGONAL SHUFFLE, TURNING SHUFFLE, TOE TAPS

Turn body diagonally to the left and shuffle toward 10:00 (left, right, left)

Shuffle (right, left, right) making ½ turn to the left (you are now facing 4:00)

29-30 Tap left toe next to right foot twice

DIAGONAL SHUFFLE, TURNING SHUFFLE, STOMPS

31&32 Shuffle forward toward 4:00 (left, right, left)

33&34 Shuffle (right, left, right) making ½ turn to the left (you are now facing 10:00)

35 Lightly stomp left foot next to right making 1/8 turn to the left

36 Lightly stomp right foot next to left making 1/8 turn to the left (you are now facing 8:00)

DIAGONAL SHUFFLE, TURNING SHUFFLE, TOE TAPS

37&38 Shuffle forward toward 8:00 (left, right, left)

39&40 Shuffle (right, left, right) making a ½ turn to the left (you are now facing 2:00)

41-42 Tap left toe next to right foot twice

DIAGONAL SHUFFLE, TURNING SHUFFLE, STOMPS

43&44 Shuffle forward toward 2:00 (left, right, left)

Shuffle (right, left, right) making a ½ turn to the left` (you are now facing 8:00)

Lightly stomp left foot next to right making a ¼ turn to the right

Lightly stomp right foot next to left, making a slight turn to the right to again face 12:00

REPEAT