

Lime Rickey

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Debbie Grimshire (CAN) & Glenn Weiss
音樂: Lime Rickey - George Fox



FORWARD STRUTS, JAZZ BOX, LEFT VINE, DIAGONAL STRUTS

1-4 Step forward on right toes, drop right heel to floor, step forward on left toes, drop left heel to floor

Snap fingers as heels drop

5-8 Cross right foot over left, step back on left foot, step right foot beside left, touch left foot beside right

9-12 Step to left with left foot, step right foot behind left, step to left with left foot, touch right foot beside left

13-16 (At 45 degree angle to the right) Step forward on right toes, drop right heel to the floor, step forward on left toes, drop left heel to floor

Snap fingers as heels drop

RIGHT ROCK FORWARD, HOLD, ROCK BACK, HOLD, COASTER, HOLD

17-20 Cross right foot over left and rock forward on right foot, hold, rock back on left foot, hold

You will be facing 12:00 again.

21-24 Step back on right foot, replace left foot beside right, step forward on right foot, hold

LEFT ROCK FORWARD, HOLD, ROCK BACK, HOLD, ½ TURN LEFT, WALK, HOLD

25-28 Rock forward on left foot, hold, rock back on right foot, hold

29 Turn ½ to left while pivoting on right foot and step forward on left foot

30-32 Step forward on right foot, step forward on left foot, hold

You are now facing 6:00.

ROCK RIGHT & RECOVER, STEP FORWARD, HOLD, ROCK LEFT & RECOVER, STEP FORWARD, HOLD

33-36 Rock right foot to right, recover weight back to left foot, step forward on right foot directly in front of left, hold

37-40 Rock left foot to left, recover weight back to right foot, step forward on left foot directly in front of right, hold

PIVOT 3 QUARTER TURNS, ROCK TO LEFT, RECOVER

41-42 With feet in place and left foot in front of right, pivot ¼ to right on balls of feet, hold

You and your feet are facing 9:00.

43-44 Pivot ¼ to right on balls of feet, hold

Right foot will be in front of left at this point, facing 12:00

45-46 Pivot ¼ to right on balls of feet, hold

Feet will be crossed, facing 3:00

47-48 Rock to left with left foot, recover weight back to right foot

STEP & SLIDES WITH ROPE PULLS

49-50 Step forward on left foot while extending arms forward like holding a rope, hold

51-52 Slide right foot beside left while bringing arms back toward chest in pulling motion, hold

53-56 Repeat counts 49-52

Replace weight on left foot

REPEAT