

Limbo Latina (P)

拍數: 72 牆數: 0 級數: Partner
編舞者: Carole & Del
音樂: Limbo Lady - The Dean Brothers



Position: Sweetheart

STEP PIVOT ¼ TURN X4

1-2 Step right foot forward, pivot ¼ to left pushing hips to right side
3-8 Repeat above a further three times (end facing LOD)

Rejoin left hands, lower right hands into right side by side position

STEP FORWARD POINT, STEP BACK TOUCH, PIVOT TURNS

9-10 Step right forward, touch left toe to left side
11-12 Step left back. Touch right next to left
13-14 Step forward right, pivot, half turn to RLOD
15-16 Step forward right, pivot half turn to LOD

Now facing LOD rejoin right hands in side by side position

RIGHT VINE WITH ¼ TURN, SHIMMY

17-18 Step right, step left behind
19-20 Step right turning ¼ to outside LOD. Touch left next to right

Now facing OLOD in Indian position

21-24 Step left to left. Long step shimmy body & slide right to left (total count of 4)

3 STEP TURN, TOUCH, CHASSE LEFT. ROCK STEP

Release left hands raise right

25-28 Step right, left, right turning full turn to right, touch left next to right
29&30 Shuffle sideways to left, left, right, left
31-32 Rock back on right. Forward onto left

HIP BUMPS

34&34 Step right foot forward and bump hips forward right, left, right
35&36 Transfer weight to left foot, bumping hips backward, left right, left
37-40 Bump hips right and forward, bump hips left and back, repeat

CHA-CHA AND ROCK STOPS, SHIMMY

41&42 Cha-cha forward, right, left. Right
43-44 Step forward onto left, rock back onto right
45&46 Cha-cha backwards, left, right, left
47-48 Step back onto right, rock forward onto left

SHIMMY RIGHT. 3 STEP TURN LEFT, TOUCH

49-52 Step right foot to right, shimmy body to right, slide left foot to right (total count of 4)

Release right hands raise left

53-56 Roll to the left, stepping left, right left, touch right

Rejoin right hands in Indian position

¼ TURN RIGHT & SHUFFLE, ROCK STEP, SHUFFLES WITH WINDMILL TURN

57&58 Make ¼ turn right & shuffle forward right, left, right

Now in left side by side

- 59-60 Rock forward left, rock back onto right, (raise right hands over lady's head, keep left hands down)
- 61&62 Left shuffle on left, right, left making $\frac{1}{2}$ turn left (now facing LOD)
- Release left hands, bring right down over lady's head**
- 63&64 Right shuffle on right, left, right making $\frac{1}{2}$ turn left (now facing LOD)

TURNING SHUFFLE, STEP, SCUFF, LOCK STEPS, STEP SCUFF

Release right hands & rejoin in front of man

- 65&66 Left shuffle making $\frac{1}{2}$ turn left (now facing LOD, now in right side by side position)
- 67-68 Step forward left, scuff right
- 69& Step left forward, lock right behind left
- 70& Step left forward. Lock right behind left
- 71-72 Step forward left, scuff right

REPEAT
