

Limbo Jump

拍數: 56 牆數: 4 級數:
編舞者: Brenton Talbot (AUS), Lorraine Talbot (AUS) & Sharon Johns (AUS)
音樂: Limbo Rock - Chubby Checker



- 1-4 Right toe touch to the side, right toe back in place, right toe touch to the side, hold in position for one beat
- 5-8 Right foot step behind left foot, left foot step to side. Right foot step across left foot, hold position for one beat
- 9-12 Left toe touch to the side, left toe back in place. Left toe touch to the side, hold in position for one beat
- 13-16 Left foot step behind right, right foot step to side, left foot step across right foot, hold position for one beat
- 17-20 Right toe touch to right 45 degrees, slap right heel with left hand behind left leg, right step in place. Hold
- 21-24 Left toe touch to left 45 degrees, slap left heel with right hand behind right leg, left step in place, hold
- 25-28 Vine left, left, right, left, ½ turn left scuff right
- 29-32 Vine right, right, left, right., Scuff left
- 33-36 Vine left, left, right, left, ½ turn left scuff right
- 37-40 Vine right, left, right, Step left beside right
- 41-44 Step left 45 degrees, hip bump right left, hold
- 45-48 Step right 45 degrees hip bump left right, hold
- 49-52 Step left 45 degrees, hip bump right left, hold
- 53-54 Jump legs apart, arms apart
- 55-56 Lean back jump forward
- 57-58 Lean back jump forward
- 59-62 Step right forward, turn ¼ left, stomp right beside left and clap
- 63-64 Left swivet center

REPEAT
