

Lilac Waltz (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Alfred Halford
音樂: Unknown



Position: Man facing OLOD, lady facing ILOD, Open Extended Hold. Lady's Left Hand in man's Right Hand.
Man's and lady's steps described

MAN'S STEPS

ZEPHYRS - BACK LOCKS

1 Left foot forward down LOD
2-3 Right foot swings to low aerial
4 Cross right foot loosely in front of left foot
5-6 Swing right foot forward to low aerial

1 Right foot back against LOD
2-3 Left foot crosses in front of right foot taking weight
4 Right foot back against LOD
5-6 Left foot crosses in front of right foot

SOLO TURNS, LEFT AND RIGHT

1 Left foot forward down LOD com to turn left, release hold
2-3 Right foot to side now facing center continuing to turn left
4-5 Left foot back down LOD cont turning left towards OLOD against LOD
6 Right foot points against LOD, now facing OLOD against LOD, take lady's right hand in man's left hand

1 Right foot forward against LOD continuing to turn right, release hold
2-3 Left foot to side now facing center continuing to turn right
4-5 Right foot back against LOD continuing turning right towards OLOD
6 Left foot points down LOD, now facing OLOD, take lady's left hand in man's right hand

POINTS - ROCKS

1 Left foot forward down LOD
2-3 Right foot points down LOD
4 Right foot forward down LOD
5-6 Left foot points down LOD

Turning to face partner and wall

1 Left foot back to center
2 Take weight on to left foot
3 Right foot brushes to left foot
4 Right foot forward to wall and partner
5 Take weight on to right foot
6 Left foot brushes to right foot turning right to backing to ILOD

NATURAL ROTARY WALTZ ENDING

Rotate smoothly to right

1 Left foot back
2 Right foot to side down LOD
3 Left foot closes to right foot facing LOD
4 Right foot forward down LOD
5 Left foot to side down LOD

- 6 Right foot closes to left foot backing LOD
- 1 Left foot back
- 2 Right foot to side down LOD
- 3 Left foot closes to right foot facing LOD
- 4 Right foot forward down LOD breaking hold to face down LOD in promenade position
- 5 Left foot ILOD moving into open extended hold
- 6 Right foot closes to left foot facing LOD

REPEAT

LADY'S STEPS

ZEPHYRS - BACK LOCKS

- 1 Right foot forward down LOD
- 2-3 Left foot swings to low aerial
- 4 Lady cross left foot loosely in front of right foot
- 5-6 Lady swing left foot forward to low aerial

- 1 Left foot back against LOD
- 2-3 Right foot crosses in front of left foot taking weight
- 4 Left foot back against LOD
- 5-6 Lady right foot crosses in front of left foot

SOLO TURNS, LEFT AND RIGHT

- 1 Right foot forward down LOD continuing to turn right, release hold
- 2-3 Left foot to side now facing wall continuing to turn right
- 4-5 Lady right foot back down LOD continuing turning right towards ILOD against LOD
- 6 Left foot points against LOD, now facing ILOD against LOD, lady's right hand in man's left hand

- 1 Left foot forward against LOD com to turn left, release hold
- 2-3 Right foot to side now facing wall continuing turn to right
- 4-5 Left foot back against LOD continuing turning left towards ILOD
- 6 Right foot points down LOD, now facing ILOD

Lady's left hand in man's right hand

POINTS - ROCKS

- 1 Right foot forward down LOD
- 2-3 Left foot points down LOD
- 4 Left foot forward down LOD
- 5-6 Right foot points down LOD

Turning to face partner and center

- 1 Right foot back to wall
- 2 Take weight on to right foot
- 3 Left foot brushes to right foot
- 4 Left foot forward to center and partner
- 5 Take weight on to left foot
- 6 Right foot brushes to left foot, turning right to facing ILOD

NATURAL ROTARY WALTZ ENDING

Rotate smoothly to right

- 1 Right foot forward
- 2 Left foot to side down LOD
- 3 Right foot closes to left foot backing LOD

- 4 Left foot back down LOD
- 5 Right foot to side down LOD
- 6 Left foot closes to right foot facing LOD

- 1 Right foot forward
- 2 Left foot to side down LOD
- 3 Right foot closes to left foot backing LOD
- 4 Left foot back down LOD breaking ballroom hold to face down LOD in promenade position
- 5 Right foot OLOD moving into open extended hold
- 6 Left foot closes to right foot facing LOD

Take open extended hold

REPEAT
