Like The First Time

級數: Intermediate/Advanced

編舞者: Lu Olsen (AUS)

拍數: 64

音樂: First Time - Ronan Keating

BACK DRAG HEEL, TOGETHER, TOGETHER, BACK DRAG HEEL, TOGETHER, TOGETHER, BACK, FORWARD, BESIDE, ¾ CROSS, PADDLE TURN ON SPOT Right to back at right diagonal, drag left heel towards right, left beside right, right together 1&2&

- 3&4& Left to back at left diagonal, drag right heel towards left, right beside left, left together
- 5-6& Rock right back, left forward, right beside left
- 7 (³/₄ Left cross paddle turn on spot) start ³/₄ left turn on spot stepping left over right
- &8 Right slightly behind left, complete the turn by stepping left over right (3:00)

ROCK, REPLACE, WEAVE LEFT, ROCK, SIDE, CROSS, ¼ TURN, LEFT COASTER

- &1-2&3& Rock right to right, left in place, cross right over left, left to left, cross right behind left, left to left
- 4&5-6 Cross right over left, rock left to left, right to right, cross left over right
- &7&8 Right to right into ¼ left turn, (left coaster) left back, right beside left, left forward, (12:00)

1/2 TURN, BACK, FORWARD, 1/4 LEFT, TOE BACK, 3/4 PIVOT & WEIGHT ON RIGHT, BESIDE, FORWARD, IN PLACE, BACK, CROSS SHUFFLE

- &1-2& Right forward into 1/2 left turn, left back, right forward, 1/4 right turn and step left to left
- 3-4 Right toe back with 3/4 right unwind, weight on right
- &5-6& Left beside right, right forward, left in place, right slightly back
- (Cross shuffle to right =), left over right, right to right, left slightly over right (6:00) 7&8

1/2 TURN, BACK, FORWARD, 1/4 LEFT, TOE BACK, 3/4 PIVOT & WEIGHT ON RIGHT, BESIDE, FORWARD, IN PLACE, BACK, CROSS SHUFFLE

- &1-2& Right forward into ½ left turn, left back, right forward, ¼ right turn and step left to left
- 3-4 Right toe back with ³/₄ right unwind, weight on right
- &5-6& Left beside right, right forward, left in place, right slightly back
- 7&8 (Cross shuffle to right =), left over right, right to right, left slightly over right (12:00)

SIDE, SIDE, SWEEP ½ TURN, SAILOR, SWEEP ½ TURN, SAILOR, SWEEP ½ TURN, SIDE, FORWARD, 1/2 PIVOT, FORWARD

&1-6& travels slightly sideways towards the 9:00 wall

- &1&2& Right to right, left to left, sweep right foot around into 1/2 right turn, right behind left, left to left
- 3&4& Right to right, sweep left foot around into 1/2 left turn, left behind right, right to right
- 5&6& Left to left, sweep right foot around into 1/2 right turn, right behind left, left to left
- 7-8 Right forward, pivot $\frac{1}{2}$ left on right foot and step left forward, (12:00)

ROCK OVER, ¾ PIVOT, FORWARD, FORWARD, REPLACE, ¼ PIVOT, SIDE, FORWARD, REPLACE, ¼ PIVOT, FORWARD, FORWARD, ¾ PIVOT, SHUFFLE BACK

- Rock right slightly over left, replace weight on left into ³/₄ right pivot on left foot, step right 1-2& forward, (9:00)
- 3-4& Rock left forward, replace weight on right, ¼ left pivot on right foot and step left to left (6:00)
- 5-6 Right forward, ³/₄ left pivot on right foot ending with weight on left
- 7&8 Shuffle back right, left, right, (9:00)

MOVING BACKWARDS - OUT, OUT, BEHIND, REPEAT, OUT, OUT, BACK, TOGETHER, LEFT LOCK FORWARD

Next 6 counts move backwards





牆數: 4

- &1-2 Step/rock left out to left, right out to right, cross left behind right
- &3-4 Rock right out to right, rock left out to left, cross right behind left
- &5-6 Step/rock left out to left, right out to right, left back
- &7&8 Right beside left, left forward, lock right behind left, left forward (left lock shuffle forward) (9:00)

RIGHT OVER, REPLACE, ¼ TURN, FORWARD & ¼ TURN, IN PLACE, CROSS, REPEAT LAST 4 COUNTS

- 1-2& Rock right over left, replace weight on left, 1/4 right turn and step right forward
- 3&4 Left forward with ¼ right turn, right in place, cross left over right. (3:00)
- 5-6& Rock right over left, replace weight on left, 1/4 right turn and step right forward
- 7&8 Left forward with ¹/₄ right turn, right in place, cross left over right. (9:00)

REPEAT