Like A Dragonfly

級數: Phrased Intermediate



拍數: 72

編舞者: Jane Ng (SG)

音樂: Dragonfly - Smile.Dk

Sequence: A, A, A, B, A, A, A, B (32), A, B (32), A, A* Intro/Count In: 4 counts after Hard Beat

PART A: 32 Counts

[1-8] HEEL SWITCHES

- 1&2&3-4 Right heel diagonally, step right beside left, left heel diagonally, step left beside right, right heel diagonally, clap
- &5&6&7-8 Step right beside left, left heel diagonally, step left beside right, right heel diagonally, step right beside left, left heel diagonally, clap

[9 - 16] RIGHT VAUDEVILLE, LEFT VAUDEVILLE, JAZZ-BOX CROSS

牆數: 0

- &1&2 Step left beside right, step right across left, step left back to left diagonal, touch right heel forward
- &3&4& Step right beside left, step left across rig ht, step right back to right diagonal, touch left heel forward, step left beside right
- 5-6-7-8 Cross-step right over left, step left back, step right to right, cross left over right

[17 – 24] RIGHT TOE STRUT, LEFT TOE STRUT, TOUCH, HOLD, CROSS UNWIND

- 1-2-3-4 Touch right toe forward, lower right heel to floor, touch left toe forward, lower left heel to floor
- 5-6-7-8 Touch right to side, hold, cross right over left, unwind ³/₄ left

(Unwind full turn left - only for A*)

[25 - 32] VINE, TWIST

- 1-2-3-4 Step right to right, cross left behind right, step right to right, step left beside right
- 5-6-7-8 Twist both heels to left, twist both toes to left, twist both heels to left, twist both toes to center

PART B: 40 Counts

[1 – 8] STEP, JUMP, FLICK, STEP, STEP

- 1-2-3-4 Step right diagonally & jump, flick left (swing right hand diagonally upward and left hand diagonally downwards flying action), step left back, step right beside left
- 5-6-7-8 Step left diagonally & jump, flick right (swing left hand diagonally upward and right hand diagonally downwards flying action), step right back, step left beside right

[9 – 16] TOUCH & HITCH ¼ TURN X 4

1-8 Touch right forward and hitch ¹/₄ turn left x 4 (click both fingers as you turn)

[17 - 24] STEP, TOUCH

- 1-2 Side step right, touch left behind (both arms draw a figure "C")
- 3-4 Side step left, touch right behind (both arms draw a reverse figure "C")
- 5-8 Repeat steps 1-4

[25 – 32] SYNCOPATED JAZZ-BOX POINT TWICE

- 1-2&3-4 Cross-step right over left, step left back, step right to right, cross left over right, point right to right
- 5-8 Repeat steps 1-4
- (B32)

[33-40] PADDLE TURNS

1&2&3&4 Step right, step ball of left behind right, making full turn right

5&6&7&8 Step left, step ball of right behind left, making full turn left

Dedicated to all my students & friends, may all be happy & healthy like the dragonfly flying high in the sky!!!

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