

Lights Out

拍數: 64 牆數: 2 級數: Advanced
編舞者: Steve Rutter (UK)
音樂: Out Go the Lights - Lonestar



STEP, LOCK, SIDE ROCK & CROSS, LEFT SIDE ROCK, CROSS, STEP BACK

1-2 Step forward on right, lock left behind right
3&4 Rock right to right side, recover weight onto left, cross right over left
5-6 Rock left to left side, recover weight onto right
7-8 Cross left over right, step back on right

SIDE STEP, CLOSE, CHASSE LEFT, CROSS, UNWIND FULL TURN, SIDE ROCK WITH ¼ TURN LEFT

9-10 Step left to left side, close right beside left
11&12 Step left to left side, close right beside left, step left to left side
13-14 Cross right over left, unwind a full turn left
15-16 Rock right to right side, make ¼ turn left recovering weight onto left

SLOW FORWARD COASTER STEP, SIDE ROCK, SLOW FORWARD COASTER STEP, ½ TURN RIGHT

17-18 Step forward on right, close left beside right
19&20 Step back on right, rock left to left side, recover weight onto right
21-22 Step forward on left, close right beside left
23-24 Step back on left, on ball of left make ½ turn right stepping forward right

LEFT SIDE ROCK, CROSS, RIGHT SIDE ROCK, BEHIND, LEFT SIDE ROCK

25-26 Rock left to left side, recover weight onto right
27-28 Cross left over right, rock right to right side
29-30 Recover weight onto left, cross right behind left
31-32 Rock left to left side, recover weight onto right

LEFT TOE STRUT FORWARD, FORWARD ROCK, RIGHT TOE STRUT BACK, BACK ROCK

33-34 Touch left toe forward, snap left heel down
35-36 Rock forward on right, recover weight back onto left
37-38 Touch right toe back, snap right heel down
39-40 Rock back on left, recover weight forward onto right

FORWARD ROCK, SHUFFLE ½ TURN LEFT, WALK FORWARD, RIGHT HEEL STRUT

41-42 Rock forward on left, recover weight back onto right
43&44 Shuffle ½ turn left stepping on left, right, left
45-46 Step forward on right, step forward on left
47-48 Touch right heel forward, snap right toe down

STEP, PIVOT ¼ TURN RIGHT, HEEL STRUT, STEP, PIVOT ½ TURN LEFT, CROSSING TOE STRUT

49-50 Step forward on left, pivot ¼ turn right
51-52 Touch left heel forward, snap left toe down
53-54 Step forward on right, pivot ½ turn left
55-56 Touch right toe across left, snap right heel down

SIDE TOE STRUT, CROSSING SHUFFLE, SIDE ROCK, CROSS, SIDE TOUCH

57-58 Touch left toe to left side, snap left heel down
59&60 Cross right over left, step left to left side, cross right over left
61-62 Rock left to left side, recover weight onto right

63-64 Cross left over right, touch right toe to right side

REPEAT

TAG

At the end of walls 2, 4 & 6. When you dance the tag at the end of wall six, dance it though normally once then to finish begin the tag again starting from count 5, the music ends on count 16 of the tag on which instead of stepping forward on right clap your hands to finish

TOE TOUCHES, RIGHT HIP BUMP, HOLD, LEFT HIP BUMP, HOLD

1-2 Touch right toe forward, touch right toe to right side
3-4 Touch right toe back, touch right toe to right side
5-6 Place weight down on right bumping hips to right, hold
7-8 Bump hips to left, hold

RIGHT HIP BUMP, HOLD X3

9-10 Bump hips to right, hold
11-12 Hold, hold

STEP, PIVOT ½ TURN RIGHT, STEP, PADDLE ¼ TURN LEFT TWICE, SIDE TOUCH

13-14 Step left forward, pivot ½ turn right
15-16 Step forward on left, step forward on ball of right
17-18 Paddle ¼ turn left, step forward on right
19-20 Paddle ¼ turn left, touch right toe to right side
