

Life's Simple Things

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Paul Dornstedt (USA) & Karla Dornstedt (USA)
音樂: The Simple Things In Life - The BordererS



FORWARD, ¼ LEFT TURN/TOUCH, KICK-BEHIND-SIDE, CROSS, HOLD, AND-CROSS-AND-CROSS

1-2 Step forward on left, turn ¼ left and touch right next to left (9:00)
3&4 Low kick right to side right, cross right behind left, step left side left
5-6 Cross right over left, hold
&7&8 Step left side left, cross right over left, step left side left, cross right over left

BACK, SIDE, HEEL-AND-HEEL-AND FORWARD, SCUFF, SHUFFLE FORWARD

1-2 Step back on left, step right side right
3&4& Touch left heel forward, step left next to right, touch right heel forward, step right next to left
5-6 Step forward on left, scuff right forward
7&8 Shuffle forward right, left, right

ROCK, RECOVER, ½ LEFT SHUFFLE FORWARD, ¼ TURN LEFT, CROSS-TOGETHER-SIDE

1-2 Rock forward on left, recover weight back on right
3&4 Turn ½ left and shuffle forward left, right left (3:00)
5-6 Step forward on right, turn ¼ left and step left side left (12:00)
7&8 Cross right over left, step left next to right, step right side right

CROSS, HOLD, AND-CROSS, TOUCH, ¾ RIGHT TRIPLE TURN, WALK, WALK

1-2 Cross left over right, hold
&3-4 Step right side right, cross left over right, touch right out to right side
5&6 ¾ right triple turn, right, left, right (9:00)
7-8 Walk forward on left, walk forward on right

REPEAT

ENDING (OPTIONAL)

During the last rotation, complete the dance through step 28, then ¼ triple turn and step forward

CROSS, HOLD, AND-CROSS, TOUCH, ¼ RIGHT TRIPLE TURN, WALK

1-2 Cross left over right, hold
&3-4 Step right side right, cross left over right, touch right out to right side
5&6 ¼ right triple turn, right, left, right (12:00)
7 Step forward on left

We would like to thank Bill Bader for recommending us to The BordererS. We feel honored that The BordererS asked us to choreograph a dance to one of the songs on their new CD, "A Time For Change"