

Life's Changes

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Myrtle Guice (USA)
音樂: Remember When - Alan Jackson



RIGHT SCISSOR, RIGHT ½ TURN (2X)

1&2 Step right to right side, step left next to right, cross right over left
3&4 Turn ¼ right stepping back on left (facing 3:00), turn ¼ right stepping right to right side (facing 6:00), cross left over right
5&6 Step right to right side, step left next to right, cross right over left
7&8 Turn ¼ right stepping back on left (facing 9:00), turn ¼ right stepping right to right side (facing 12:00), cross left over right

STEP, CROSS, STEP, CROSS ¼ RIGHT TURN, ¾ UNWIND RIGHT TURN, LEFT WEAVE, ROCK, RECOVER

&1 Step right to right side, cross left over right
&2 Step right to right side, cross left over right
&3-4 Turn ¼ right stepping forward on right, cross left over right turning ¾ right with a ronde sweep shifting weight onto left
5&6 Step right behind left, step left to left side, cross right over left
7-8 Rock left to left side, recover weight onto right

LEFT AND RIGHT SAILORS, ¼ LEFT COASTER TURN, FULL LEFT TURN

1&2 Step left behind right, step right in place, step left to left side
3&4 Step right behind left, step left in place, step right to right side
5&6 Turn ¼ left stepping back on left (9:00), step right together, step forward onto left
7 Turn ½ left stepping back on right (facing 3:00)
8 Turn ½ left stepping left forward (9:00)

Option: for those who do not wish to make the full turn, walk right, left

ROCK, RECOVER, ½ RIGHT SHUFFLE TURN, ROCK, RECOVER, LEFT ¼ LEFT CHASSE TURN

1-2 Rock forward onto right, shift weight onto left
3&4 Turning ½ right shuffle right, left, right
5-6 Rock forward onto left, shift weight onto right
7&8 Chasse left, right, left turning ¼ left

REPEAT

TAG

Sway hips from right to left for two counts after dance completions 1,2 and 4
Sway hips from right to left for four counts after the dance completion 6