

# Life Is Good

**COPPER KNOB**  
BY STEPHEN

拍數: 42      牆數: 4      級數: Intermediate  
編舞者: Shuggie McCardle (UK)  
音樂: Even If I Tried - Emilio



## HEEL STRUTS FORWARD RIGHT, LEFT, RIGHT & STROLL BACK

1-2      Touch right heel forward, drop right toe to floor  
3-4      Touch left heel forward, drop left toe to floor  
5-6      Touch right heel forward, drop right toe to floor  
7-8      Step back left, step back right  
9-10     Step back left, touch right beside left

## 2 X RIGHT SHIMMY, 2 X LEFT SHIMMY

11-12     Step right to right & shimmy  
13-14     Slide left to right, step left beside right  
15-16     Step right to right & shimmy  
17-18     Slide left to right, step left beside right  
19-20     Step left to left & shimmy  
21-22     Slide right to left, step right beside left  
23-24     Step left to left & shimmy  
25-26     Slide right to left, step right beside left

## 2 X RIGHT KICK-BALL-CROSS, 2 X LEFT KICK-BALL-CROSS

27      Kick right forward  
&28     Step right in place, cross left over right  
29      Kick right forward  
&30     Step right in place, cross left over right  
31-32     Unwind ½-turn right  
33      Kick left forward  
&34     Step left in place, cross right over left  
35      Kick left forward  
&36     Step left in place, cross right over left  
37-38     Unwind ½-turn left

## STEP PIVOT ¼-TURN LEFT, STEP PIVOT ½-TURN LEFT

39      Step forward right  
40      Pivot ¼-turn left taking weight onto left  
41      Step forward right  
42      Pivot ½-turn left taking weight onto left

**REPEAT**