

Life Is Fun

COPPER KNOB
BY STEPHEN BERTS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Linda Burgess (AUS) & Mitchell Burgess (AUS)
音樂: Life Is Fun - AMICA



- 1-2-3&4 (Using hips) rock/step forward right, rock back left, rock forward right, rock back left, rock forward right
- 5-6-7&8 Rock/step forward left, rock back right, turn 1&½ left, stepping left, right, left
(If omitting turn, just turn ½ left & shuffle forward left, right, left)
- 1-2-3&4 Step forward right, pivot ½ turn left, (weight on right), kicking left forward, step back on left, step right beside left, step forward left (coaster)
- 5-6&7-8& Step forward right to right 45, lock left behind right, step right beside left, step forward left to left 45, lock right behind left, step left beside right (Dorothy steps)

Tag and restart goes here on wall 5

- 1-2-3&4 Cross/step right over left, rock back left, turn ¾ right, stepping right, left, right (triple step)
- 5&6-7&8 Cross/step left over right, rock/step right to right, replace weight to left, kick right forward to 45 degrees left, step right to side on ball of foot, step left in place (kick ball change)
- 1&2-3&4 Cross/step right over left, turn ¼ right & step left back on ball of foot, step right in place, shuffle forward left, right, left
- 5-6&7&8 Step forward right, pivot ½ turn left, step right to side, step left to side, step right to center, step left beside right (out out, in in) weight onto right
- 1-2-3&4 Walk forward left, right, left, turn ½ left on left, touch right ball of foot back, step left in place (ball-change)

Restart goes here on wall 3

- 5-6-7&8 Walk forward right, left, right, turn ½ right on right, touch left ball of foot back, step right in place (ball-change)
- 1-2-3-4 Cross/step forward left, flick right foot back & click fingers above head, cross/step forward right, flick left foot back & click fingers above head
- 5&6&7-8 Turn body to face right diagonal, & touch left forward to right diagonal, (lean body slightly back) touch left back to left diagonal, (lean body slightly forward) repeat last 2 counts

Arms can be used on the last 4 counts, clench fists & lift right arm above head & left arm near waist area on touch forward, change arms on touch back. Repeat

- 1&2&3&4 (*) Next 4 counts travel back on the right diagonal, cross/step left over right, step back right on ball of right cross/step left over right, step back on ball of right, cross/step left over right, step back on ball of right, cross/step left over right (should be still facing the back)

Restart goes here on wall 1

- 5-6-7&8 Turn full turn right, stepping right, left, right, step left back on ball of foot, step right in place (ball-change, to face back)
- 1-2&3-4 Step left to side, cross/step right behind left, step left to side, cross/step right over left, step left to left
- 5&6-7&8 Cross/step right behind left, step left to side on ball of foot, step right in place (sailor), step left back, step right beside left, step forward left (coaster)

REPEAT

RESTARTS:

On wall 1, dance counts 1-52, then restart facing back wall

On wall 3, dance counts 1-36, then restart facing front wall

On wall 5 facing back, dance counts 1-16, then add

1-4 Step right to side & bump hips right, left, right, left, clapping hands

Restart facing back

FINISH

Left coaster with ½ turn left to front
