

Life Goes On (Whoa!)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Julie Murray (UK)
音樂: Ob-La-Di Ob-La-Da - Marmalade



RIGHT MAMBO, LEFT MAMBO, STEP TURN, RIGHT SHUFFLE

1&2 Rock out onto right foot, recover onto left, close right next to left
3&4 Rock out onto left foot, recover onto right, close left next to right
5-6 Step forward onto right, pivot a ½ turn to the left
7&8 Shuffle forward, right, together, right

LEFT MAMBO, RIGHT MAMBO, STEP TURN, LEFT SHUFFLE

1&2 Rock out onto left foot, recover onto right, close left next to right
3&4 Rock out onto right foot, recover onto left, close right next to left
5-6 Step forward onto left, pivot a ½ turn to the right
7&8 Shuffle forward, left, together, left

RIGHT LOCK RIGHT SCUFF, JAZZ BOX, TOUCH

1-2 Step forward diagonally right onto right foot, lock left behind right
3-4 Step forward diagonally forward onto the right foot, scuff left heel forward
5-6 Cross left over right, step back on the right
7-8 Step to the side with the left, and touch right next to left

ROLLING GRAPEVINE RIGHT, BALL STEP, ROCK RECOVER, CHASSES ¼ TURN (LEFT)

1-2 Step onto right making a ¼ turn to right, step onto left making a half turn
3&4 Step onto right making a ¼ turn to right, step left next to right on the & count and step right to right side
5-6 Cross rock onto left foot, recover weight onto right
7&8 Do a chasse ¼ turn to left stepping left, together, left

REPEAT
