

Life Goes On

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hanne Ekknud Pedersen (DK)
音樂: Life Goes On - LeAnn Rimes



2 X TOE STRUT, ROCK STEP, SHUFFLE BACK

1-2 Touch right toe in front, put down heel
3-4 Touch left toe in front, put down heel
5-6 Rock forward on right foot, recover weight on left foot
7&8 Shuffle backwards right, left, right

ROCK STEP, 2 X STEP ½ TURN, STEP SLIDE, TOUCH

9-10 Rock backwards on left foot, recover weight on right foot
11-12 Step forward on left foot, turn ½ turn ending with weight on right foot
13-14 Step forward on left foot, turn ½ turn ending with weight on right foot
15-16 Step to side with left foot, slide right foot together and touch

STEP SLIDE, SHUFFLE ¼ TURN, HIP BUMPS, CHASSÉ

17-18 Step forward on right foot, slide left foot together to right (weight on left foot)
19&20 Shuffle forward right, left, right with ¼ turn on last shuffle step
21-22 Hip bumps left, right (changing weight from left to right foot)
23-24 Chassé to left side, left, right, left

CROSS ROCK, 2 X TOE STRUT, STEP ½ TURN LEFT

25-26 Cross rock right foot behind left, recover weight on left
27-28 Touch right toe to side, put down heel
29-30 Touch left toe crossed in front of right, put down heel
31-32 Step forward on right foot, turn ½ turn ending with weight on left foot

REPEAT
