

# Life Goes On

COPPERKNOB  
STEP SHEETS

拍數: 64  
編舞者: Tiffany Armstrong (AUS)  
音樂: Life Goes On - LeAnn Rimes

牆數: 1

級數: Improver line/contra dance



## ROCK FORWARD, RECOVER, ½ TURN CHA, ROCK FORWARD, RECOVER, ¾ TURN CHA

1-2 Right forward and rock, rock onto left  
3&4 ½ turn right while stepping onto right, left, right  
5-6 Left forward and rock, rock onto right  
7&8 ¾ turn left while stepping onto left, right, left

## WEAVE, SIDE ROCK, RECOVER, SHUFFLE

1-2 Right to right, left behind right  
3-4 Right to right, left over right  
5-6 Right to right and rock, rock onto left  
7&8 Shuffle forward (right, left, right)

## WEAVE, SIDE ROCK, RECOVER, ½ TURN CHA

1-2 Left to left, right behind left  
3-4 Left to left, right over left  
5-6 Left to left and rock, rock onto right  
7&8 ½ turn left while stepping onto left, right, left

## MAMBO CROSS FRONT AND BEHIND, CROSS ROCK, RECOVER, ¼ TURN CHA

1&2 Right over left, step onto left, right to right  
3&4 Left behind right, step onto right, left to left  
5-6 Right over left and rock, rock onto left  
7&8 ¼ turn right while stepping right, left, right

## ROCK FORWARD, RECOVER, ½ TURN CHA, ROCK FORWARD, RECOVER, ¾ TURN CHA

1-2 Left forward and rock, rock onto right  
3&4 ½ turn left while stepping onto left, right, left  
5-6 Right forward and rock, rock onto left  
7&8 ¾ turn right while stepping onto right, left, right

## WEAVE, SIDE ROCK, RECOVER, SHUFFLE

1-2 Left to left, right behind left  
3-4 Left to left, right over left  
5-6 Left to left and rock, rock onto right  
7&8 Shuffle forward (left, right, left)

## WEAVE, SIDE ROCK, RECOVER, ½ TURN CHA

1-2 Right to right, left behind right  
3-4 Right to right, left over right  
5-6 Right to right and rock, rock onto left  
7&8 ½ turn right while stepping onto right, left, right

## MAMBO CROSS FRONT AND BEHIND, CROSS ROCK, RECOVER, ¼ TURN CHA

1&2 Left over right, step onto right, left to left  
3&4 Right behind left, step onto left, right to right  
5-6 Left over right and rock, rock onto right

7&8

$\frac{1}{4}$  turn left while stepping left, right, left

**REPEAT**

**For extra fun, dance in contra lines.**

---