Life Goes On

拍數: 64　　　　**牆數:** 1　　　　**級數:** Improver line/contra dance

編舞者: Tiffany Armstrong (AUS)

音樂: Life Goes On - LeAnn Rimes

ROCK FORWARD, RECOVER, ½ TURN CHA, ROCK FORWARD, RECOVER, ¾ TURN CHA

1-2	Right forward and rock, rock onto left
3&4	½ turn right while stepping onto right, left, right
5-6	Left forward and rock, rock onto right
7&8	¾ turn left while stepping onto left, right, left

WEAVE, SIDE ROCK, RECOVER, SHUFFLE

1-2	Right to right, left behind right
3-4	Right to right, left over right
5-6	Right to right and rock, rock onto left
7&8	Shuffle forward (right, left, right)

WEAVE, SIDE ROCK, RECOVER, ½ TURN CHA

1-2	Left to left, right behind left
3-4	Left to left, right over left
5-6	Left to left and rock, rock onto right
7&8	½ turn left while stepping onto left, right, left

MAMBO CROSS FRONT AND BEHIND, CROSS ROCK, RECOVER, ¼ TURN CHA

1&2	Right over left, step onto left, right to right
3&4	Left behind right, step onto right, left to left
5-6	Right over left and rock, rock onto left
7&8	¼ turn right while stepping right, left, right

ROCK FORWARD, RECOVER, ½ TURN CHA, ROCK FORWARD, RECOVER, ¾ TURN CHA

1-2	Left forward and rock, rock onto right
3&4	½ turn left while stepping onto left, right, left
5-6	Right forward and rock, rock onto left
7&8	¾ turn right while stepping onto right, left, right

WEAVE, SIDE ROCK, RECOVER, SHUFFLE

1-2	Left to left, right behind left
3-4	Left to left, right over left
5-6	Left to left and rock, rock onto right
7&8	Shuffle forward (left, right, left)

WEAVE, SIDE ROCK, RECOVER, ½ TURN CHA

1-2	Right to right, left behind right
3-4	Right to right, left over right
5-6	Right to right and rock, rock onto left
7&8	½ turn right while stepping onto right, left, right

MAMBO CROSS FRONT AND BEHIND, CROSS ROCK, RECOVER, ¼ TURN CHA

1&2	Left over right, step onto right, left to left
3&4	Right behind left, step onto left, right to right
5-6	Left over right and rock, rock onto right

7&8   ¼ turn left while stepping left, right, left

REPEAT
For extra fun, dance in contra lines.