

Life Can Be A Party

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Jutta Handskemager Sørensen
音樂: Life Can Be a Party - Tamra Rosanes



RUMBA BOX LEFT

1-2 Step left to left side, step right beside left
3-4 Step left forward, hold
5-6 Step right to right side, step left beside right
7-8 Step right back, hold

TRIPLE LEFT FULL TURN, HOLD, SIDE TOGETHER FORWARD, HOLD

1-4 Triple full turn left on left, right, left, hold
5-6 Step right to right side, step left beside right
7-8 Step right forward, hold

SIDE, TOGETHER, BACK, HOLD, TRIPLE FULL TURN RIGHT, HOLD

1-2 Step left to left side, step right beside left
3-4 Step left back, hold
5-8 Triple full turn right right, left, right, hold

STEP, LOCK, STEP, LOCK, STEP, HOLD ½ PIVOT LEFT

1-2 Step left forward, lock right behind
3-4 Step left forward, lock right behind
5-6 Step left forward, hold
7-8 ½ pivot left (step forward on right and make a ½ turn left)

WALK HOLD, WALK HOLD TRIPLE FULL TURN HOLD

1-4 Walk right, hold, walk left, hold
5-8 Triple full turn left on right, left, right, hold

SAILOR STEP, HOLD TWICE LEFT AND RIGHT

1-4 Cross left behind right, step right to right side, step left in place, hold
5-8 Cross right behind left, step left to left side, step right in place, hold

WALK, HOLD, ROCK RIGHT FOOT, HOLD, SHUFFLE RIGHT, HOLD

1-2 Walk left, hold
3-4 Rock forward on right and back on left
5-8 Shuffle ½ turn right stepping right, left, right, hold

SHUFFLE ½ TURN RIGHT, HOLD, RIGHT COASTER BACK AND CROSS

1-4 Shuffle ½ turn right stepping left, right, left, hold
5-8 Step back on right, close left to right, cross right over left, hold

REPEAT