

Life After Love

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 2 級數:
編舞者: Cindi Talbot (CAN)
音樂: Believe - Cher



Sequence: AA BB AA BB AA BB

PART A

VINE RIGHT, SHUFFLE LEFT, SHUFFLE RIGHT, VINE LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

1-4 Vine right, touch left
5&6 Shuffle left-right-left
7&8 Shuffle right-left-right
9-12 Vine left, touch right
12&14 Shuffle right-left-right
15&16 Shuffle left-right-left

STOMP, KICK, SHUFFLE RIGHT. STOMP, KICK, SHUFFLE LEFT

17-18 Stomp right, kick right
19&20 Shuffle forward right-left-right
21-22 Stomp left, kick left
23&24 Shuffle forward left-right-left

STEP TOGETHER STEP TOUCH, STEP TOGETHER STEP ¼ TURN LEFT

25-28 Moving diagonally back, step right, step left together, step right, touch left
29-32 Step left, step right together, step left, scuff right, making ¼ turn left

PART B

STOMP, KICK, SAILOR RIGHT. STOMP, KICK, SAILOR LEFT

1-2 Stomp right, kick right
3&4 Sailor shuffle right-left-right
5-6 Stomp left, kick left
7&8 Sailor left-right-left

TWO ½ PIVOTS, ROCK FORWARD, ROCK BACK

9-12 Step forward right, pivot ½ left. Step forward right, pivot ½ left
13-16 Rock forward right, in place left, rock back right, in place left

STEP BEHIND STEP ½ TURN RIGHT, BUMP LEFT, BUMP RIGHT, LEFT-RIGHT-LEFT BUMP

17-20 Step right, cross left behind, step right making ½ turn right, bring left foot up behind right knee
21-22 Step left, bumping hips left. Bump hips right
23&24 Bump hips left-right-left

STEP BEHIND STEP ½ TURN RIGHT, BUMP LEFT, BUMP RIGHT, BUMP LEFT-RIGHT-LEFT

25-28 Step right, cross left behind, step right making ½ turn right, bring left foot up behind right knee
29-30 Step left, bumping hips left. Bump hips right
31&32 Bump hips left-right-left