

# Life

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jolene Pearly Vun (MY)  
音樂: Life - Des'ree



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## ROCK FORWARD, RECOVER, BACK SHUFFLE, ½ TURN RIGHT TWICE, STEP BACK, POINT

- 1-2      Left foot rock forward, recover weight onto right
- 3&4      Back shuffle, left, right, left
- 5-6      ½ turn right on right, ½ turn right on left (facing 12:00 again)
- 7-8      Step right foot behind left, point left foot in front of right foot (weight on right foot)

## CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE, SIDE ROCK

- 1&2      Cross left over right, step right to right, cross left over right
- 3-4      Rock right to right side, recover weight onto left
- 5&6      Cross right over left, step left to left, cross right over left
- 7-8      Rock left to left side, recover weight onto right

## WEAVE WITH ¼ RIGHT TURN, RIGHT SHUFFLE, PIVOT ½ TURN, BACK COASTER STEP

- 1-3      Step left over right, step right to right side, step left behind right
- 4&5      ¼ right turn and shuffle, right, left, right (turn right before shuffle) (facing 03:00)
- 6-7      Step left forward, ½ turn right, step right forward (facing 09:00)
- 8&1      Step back on left, step right beside left, step left forward with ¼ turn left (facing 06:00)

## WEAVE, RIGHT SHUFFLE, PIVOT ½ TURN, BACK COASTER STEP

- 2-3      Step right to right side, step left behind right
- 4&5      ¼ right turn and shuffle, right, left, right (turn right before shuffle) (facing 09:00)
- 6-7      Step left forward, ½ turn right, step right forward (facing 03:00)
- 8&1      Step back on left, step right beside left

**REPEAT**

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