

Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數:
編舞者: Leigh Huckel (AUS)
音樂: In This Life - Collin Raye



NEW YORKER 2, BALL TURNING ¼ RIGHT, TWICE

- 1-2& Rock right foot diagonal forward and left, recover left foot, close right foot to left foot turning ¼ right
3-4& Rock left foot diagonal forward and right, recover right foot, close left foot to right foot turning ¼ left

MAMBO TURN, FULL LEFT SPIN TRIPLE

- 5&6 Rock right foot forward, turning ½ left recover left foot, step right foot forward
7&8 Step left foot forward, step right foot back turning ½ left, step left foot forward turning ½ left

NEW YORKER 2, BALL TURNING ¼ RIGHT, TWICE, MAMBO TURN, FULL LEFT SPIN TRIPLE

- 9-16 Repeat beats 1-8

FORWARD COASTER STEP, COASTER STEP; ¼ RIGHT TURNING-MAMBO

- 17&18 Step right foot forward, close left foot to right foot, step right foot back
19&20 Step left foot back, close right foot to left foot, step left foot forward
21&22 Rock right foot forward, recover left foot, step right foot to right turning ¼ right

1 & ¼ REVERSE FRONT SPIN TRIPLE TRAVELING RIGHT

- 23&24& Traveling right turning left cross left foot in front of right foot, step right foot back turning ¼ left, step left foot forward turning ½ left, step right foot back turning ½ left

BACK ROCK 2, MAMBO TURN

- 25-26 Rock left foot back, recover right foot
27&28 Rock left foot forward, turning ½ right recover right foot, step left foot forward

FORWARD ROCK 2, SUDDEN CLOSE

- 29-30& Rock right foot forward, recover left foot, close right foot to left foot

BACK ROCK 2, SUDDEN CLOSE

- 31-32& Rock left foot back, recover right foot, close left foot to right foot

REPEAT

RESTART

On wall 3 after you have done the first 12 beats of the dance you have to restart from the beginning