

Lickety-Split

拍數: 48 牆數: 4 級數: Improver
編舞者: Amanda Andrews (USA)
音樂: Rednecks Unplugged - The Amazing Rhythm Aces



TOE, HOLD, HEEL, HOLD, TOE, HEEL, TOE, HEEL *

- 1-2 Touch right toe to right side inverting knee, hold (left foot turn 45-degree angle to left)
- 3-4 Touch right heel to right side, hold (left foot turn 45-degree angle to right)
- 5-6-7-8 Repeat steps 1-4 without holds (*with left foot being at angles, you will be traveling to your right)

FORWARD, TOUCH, BACK, TOUCH, STEP, ¼ TURN, SCUFF

- 1-2 Step right forward, touch left toe next to right
- 3-4 Step left back, touch right toe next to left
- 5-6 Step right to right, touch left toe next to right
- 7 Step left to left making ¼ turn to your left
- 8 Scuff right heel beside left

VINE RIGHT, SCUFF, VINE LEFT, SCUFF

- 1-2 Step right to right, cross left behind right
- 3-4 Step right to right, scuff left beside right
- 5-6 Step left to left, cross right behind left
- 7-8 Step left to left, scuff right beside left

STEP/LOCK/STEP, SCUFF, STEP/LOCK/STEP, ¼ TURN SCUFF

- 1-2 Step right forward, step left forward locking it behind right
- 3-4 Step right forward, scuff left beside right
- 5-6 Step left forward, step right forward locking it behind left
- 7-8 Step left forward, turn ¼ to your left and scuff right beside left

TOE/HEEL STRUT, TOE/HEEL STRUT, TOUCH, ¼ TURN, TOUCH, STEP

- 1-2 Step right toe forward, drop right heel
- 3-4 Step left toe forward, drop left heel
- 5-6 Touch right to right, step right back next to left making ¼ turn to your right
- 7-8 Touch left to left, step left next to right

TOUCH, TOUCH, STEP/PIVOT, STOMP, STOMP, CLAP, CLAP

- 1-2 Touch right to right, touch right next to left
- 3-4 Step right forward, pivot ½ turn to your left
- 5-6 Stomp right next to left, stomp left
- 7-8 Clap twice

REPEAT
