Li'l Texas Twister

拍數: 24

級數: Beginner

編舞者: Donald E. Kaneski (USA) & Shelly Blacklock (USA)

音樂: Li'l Texas Twister - Marquez/Raygosa

For "Li'l Texas Twister", start dance after 32 counts (there are a total of 64 counts on the lead in). You'll know if you're with the music if the struts in the dance coincide with the words, ". . struttin' her stuff off everywhere . ." and later, "When her struttin' is done . ."

FORWARD AND REVERSE STRUTS WITH A CROSS OVER

- 1-2 Step forward on right heel, slap ball of right foot down
- 3-4 Step forward on left heel, slap ball of left foot down
- 5-6 Step ball of right foot over left, slap right heel down
- 7-8 Step back on ball of left foot, slap left heel down

HIP BUMPS AND ROTATIONS

- 9-10 Step right foot slightly right and bump hips right, bump hips right again
- 11-12 Step in place left bumping hips left, bump hips left again
- 13-14 Rotate hips horizontally in a right circular motion full circle bumping hips left (2 count single rotation)
- 15-16 Repeat steps (counts) 13-14

MONTEREY TURN (MODIFIED 1/4) AND HEEL-TOE SWIVELS

- 17-18 Touch right toes side right, step right foot next to left while turning ¼ right on ball of left foot
- 19-20 Touch left toes side left, step left foot together with right
- 21-22 Swivel both heels right, swivel both toes right
- 23-24 Swivel both heels right, swivel both toes to center

Use lots of hip and twisting action on heel-toe swivels for style. Other styles include touching alternate right toe-heel while swiveling left heel-toes ("the Dwight") or hitch right knee on counts 21 through 24 as in the original Chubby Checker's Twist.

REPEAT





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牆數:4