

Letting Go

拍數: 68 牆數: 4 級數:
編舞者: Jodi Page (AUS)
音樂: Calm Before the Storm - Paul Brandt



- 1-4 Kick right foot forward, side, forward, ball change
5-8 Shuffle forward right-left-right, step forward on left, rock back on right
9-12 Shuffle back left-right-left, (turning ½ turn right) step onto right, (weight on right turning ½ right). Tap left toe beside right
- 13-14 Step left to left side, step right behind left
&15-16 Step left to left side, step right across left, step left to left side
17-20 (Turning ¼ turn right) step onto right, (turning ¼ turn right) step onto left, (turning ¼ turn right, weight on left) tap right toe beside left, (turning ¼ turn right) step onto right
- 21-24 Push hips left-right-left-right
25-28 (Traveling forward at 45 degrees left) step on left, lock right, step on left, lock right
- &29-30 (Turning ¼ right) step left forward, step right across left, step left to left side
31-32 Pivot ¼ turn right, step left beside right
- 33-34-35&36 Step right toe behind left, unwind ½ turn right, (on the spot) left-right-left
37-38-39&40 Step right toe behind left, unwind ½ turn right, shuffle forward left-right-left
- 41-44 Step forward on right, ¼ pivot left, step forward on right, ¼ pivot left
45-46 Step forward on right, rock back on left
- 47&48 (Traveling back & turning 1 ½ turns over right) step right-left-right
49-50-51&52 Step forward left, rock back on right, (on the spot) step left-right-left
- 53-54 Step back on right, rock forward on left
55-58 Step forward on right, pivot ¼ left, step forward on right, pivot ¼ left
- 59&60 Shuffle forward right-left-right
61-64 Tap left toe beside right, (turning ¼ right) step left to left side, push hips right, push hips left
65-66-67&68 Step forward on right, tap left toe behind right, (turning ½ right on the spot) step left-right-left

REPEAT

*VANILLAS: (on walls) 2 and 5, first 4 counts of the dance are missing
