

The Letter

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lisa Andersson (SWE)
音樂: Please Mr. Postman - Carpenters



RIGHT SHUFFLE, LEFT SHUFFLE, ROCK STEP, RIGHT COASTER STEP

1&2 Right shuffle forward; right, left, right
3&4 Left shuffle forward; left, right, left
5-6 Right rock step forward
7&8 Step right back, step left together, step right forward

ROCK STEP, LEFT SAILOR, KICK BALL CHANGE, ROCK STEP

1-2 Rock left to left side, recover
3&4 Step left behind right, step right to right side, step left in place
5&6 Kick right forward, step right beside left, step left in place
7-8 Right rock step to the right

PADDLE TURNS ($\frac{3}{4}$), TOUCH

1-2 Step forward on right, pivot $\frac{1}{4}$ left
3-4 Step forward on right, pivot $\frac{1}{4}$ left
5-6 Step forward on right, pivot $\frac{1}{4}$ left
7-8 Touch right together, step right in place

POINT, POINT, HEEL, TOE, LEFT SHUFFLE

1-2 Point left toe to the left, step together
3-4 Point right toe to the right, step together
5-6 Touch left heel forward, touch left toe back
7&8 Left shuffle forward; left, right, left

REPEAT
