Let's Think

拍數: 32

級數: Improver

編舞者: Barbara Matts

音樂: Think - Aretha Franklin

KICK BALL CHANGES, TOUCH OUT STEP BACKWARDS, TOUCH OUT STEP BACKWARDS

- 1&2-3&4 Two right kick ball changes (kick the right foot forward, step in place on the right foot, step in place on the left foot, repeat)
- 5 Touch the right toe out to the right
- 6 Step the right foot behind the left foot, moving backwards
- 7 Touch the left toe out to the left
- 8 Step the left foot behind the right foot, moving backwards

ROCK BACK FORWARD, TRIPLE FORWARD, ½ TURN RIGHT WALK AROUND, RIGHT HEEL TOUCH

- 1 Rock back on the right foot
- 2 Rock in place on the left foot
- 3&4 Triple forward right left right
- 5-6-7 Walk into a ½ turn right by stepping around left foot, right foot, left foot
- 8 Touch the right heel forward to the right diagonal

GRAPEVINE RIGHT WITH HEEL TOUCH AND LEAN BACK, GRAPEVINE LEFT

- 1 Step right foot to right
- 2 Step left foot behind right
- 3 Step right foot to right
- 4 Touch the left heel to front diagonal left, turning body slightly to the left and spreading hands apart at hip level, palms forward, lean back slightly on the touch
- 5 Step left foot to left
- 6 Step right foot behind left
- 7 Step left foot to left
- 8 Touch the right heel to front diagonal right, turning body slightly to the right and spreading hands apart at hip level, palms forward, lean back slightly on the touch

HEEL TAPS WITH ATTITUDE (HAND ON OPPOSITE HIP)

- 1-4 With the body turned slightly right, and with attitude. Tap the right heel down 4 times
- & Change weight to right foot
- 5-8 With the body turned slightly left, and with attitude, tap left heel down 4 times ending with weight on left

REPEAT





牆數:2