

Let's Talk About Me

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Noel Bradey (AUS)
音樂: Let's Talk About Me - Victoria Shaw



This dance is especially for my traveling buddies; Mavis, Lyn, Sandra, Lacy, Gail, Marcia & Judy. They discovered Victoria Shaw as they sang this song from California to Texas & back again

WALK FORWARD, PIVOT TURN, PIVOT TURN, SAMBA

1-2 Walk forward right, walk forward left
3-4 Step forward right, ½ turn pivot turn left
5-6 Step forward right, ½ turn pivot turn left
7&8 Cross/step right over left, step left to left, replace on right to center

SAILOR SHUFFLE, SAILOR SHUFFLE, TOUCH BACK, ½ TURN COASTER STEP

1&2 Cross/step left behind right, step right to right, replace left to center
3&4 Cross/step right behind left, step left to left, replace right to center
5-6 Touch left toe behind right, unwind ½ turn left (end weight on left)
7&8 Step back on right, step left beside right, step forward right

CRADLE ROCKS, & HEEL/TOE TURNS, CRADLE ROCK, & HEEL/TOE TURNS, STEP TOGETHER

1-2 Rock/step forward on left, replace weight to right
3-4 Rock/step back on left, replace weight to right
&5-6 Turning ¼ turn right hop onto left-right at 45 degrees right, hold
&7-8 Hop on right to center, touch left back at 45 degrees left, hold
1-2 Rock/step forward on left, replace weight to right
3-4 Rock/step back on left, replace weight to right
&5-6 Turning ¼ turn right hop onto left-right at 45 degrees right, hold
&7-8 Hop on right to center, touch left back at 45 degrees left, step left beside right

STEP SIDE, CROSS BEHIND, SHUFFLE ¼ TURN, FULL TURN, BALL JACK, TAP

1-2 Step right to right side, cross/step left behind right
3&4 Turning ¼ turn right shuffle forward right-left-right
5-6 Full turn right moving forward & stepping left-right
&7&8 Hop back on left, right 45 degrees forward, hop on right to center, tap left beside right

STEP SIDE, CROSS BEHIND, SHUFFLE ¼ TURN, FULL TURN, STOMP RIGHT, STOMP LEFT

1-2 Step left to left side, cross/step right behind left
3&4 Turning ¼ turn left shuffle forward left-right-left
5-6 Full turn left moving forward & stepping right-left
7-8 Stomp right, stomp left (feet ending slightly apart)

SHUFFLE BACK, TOUCH BACK, HALF TURN, COASTER STEP, ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE, HOP, TAP, HOP, TAP

1&2 Shuffle back right-left-right
3-4 Touch left toe back, on ball of right turn ½ turn left (end weight on right)
5&6 Step back on left, step right beside left, step forward on left
7-8 Rock/step right to right, replace weight to left
1&2 Moving to left cross shuffle right over right-left-right
3-4 Rock/step left to left, replace weight to right
5&6 Moving to right cross shuffle left over left-right-left
&7&8 Hop on right to right, tap left beside right, hop on left to left tap right beside left

REPEAT

BRIDGE

Occurs after 2nd wall only

- 1-2 Rock/step right to right side, replace weight to left
- 3&4 Cross shuffle right over right-left-right
- 5-6 Rock/step forward on left, replace weight to right
- 7&8 Step back left, step right beside left, step forward left

TO END DANCE

You will be facing front wall. Do samba step then cross left behind right, step forward on right with hands out at diagonal.
