

Let's Talk About Me

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Noel Bradey (AUS)
音樂: Let's Talk About Me - Victoria Shaw



This dance is especially for my traveling buddies; Mavis, Lyn, Sandra, Lacy, Gail, Marcia & Judy. They discovered Victoria Shaw as they sang this song from California to Texas & back again

WALK FORWARD, PIVOT TURN, PIVOT TURN, SAMBA

1-2 Walk forward right, walk forward left
3-4 Step forward right, ½ turn pivot turn left
5-6 Step forward right, ½ turn pivot turn left
7&8 Cross/step right over left, step left to left, replace on right to center

SAILOR SHUFFLE, SAILOR SHUFFLE, TOUCH BACK, ½ TURN COASTER STEP

1&2 Cross/step left behind right, step right to right, replace left to center
3&4 Cross/step right behind left, step left to left, replace right to center
5-6 Touch left toe behind right, unwind ½ turn left (end weight on left)
7&8 Step back on right, step left beside right, step forward right

CRADLE ROCKS, & HEEL/TOE TURNS, CRADLE ROCK, & HEEL/TOE TURNS, STEP TOGETHER

1-2 Rock/step forward on left, replace weight to right
3-4 Rock/step back on left, replace weight to right
&5-6 Turning ¼ turn right hop onto left-right at 45 degrees right, hold
&7-8 Hop on right to center, touch left back at 45 degrees left, hold
1-2 Rock/step forward on left, replace weight to right
3-4 Rock/step back on left, replace weight to right
&5-6 Turning ¼ turn right hop onto left-right at 45 degrees right, hold
&7-8 Hop on right to center, touch left back at 45 degrees left, step left beside right

STEP SIDE, CROSS BEHIND, SHUFFLE ¼ TURN, FULL TURN, BALL JACK, TAP

1-2 Step right to right side, cross/step left behind right
3&4 Turning ¼ turn right shuffle forward right-left-right
5-6 Full turn right moving forward & stepping left-right
&7&8 Hop back on left, right 45 degrees forward, hop on right to center, tap left beside right

STEP SIDE, CROSS BEHIND, SHUFFLE ¼ TURN, FULL TURN, STOMP RIGHT, STOMP LEFT

1-2 Step left to left side, cross/step right behind left
3&4 Turning ¼ turn left shuffle forward left-right-left
5-6 Full turn left moving forward & stepping right-left
7-8 Stomp right, stomp left (feet ending slightly apart)

SHUFFLE BACK, TOUCH BACK, HALF TURN, COASTER STEP, ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE, HOP, TAP, HOP, TAP

1&2 Shuffle back right-left-right
3-4 Touch left toe back, on ball of right turn ½ turn left (end weight on right)
5&6 Step back on left, step right beside left, step forward on left
7-8 Rock/step right to right, replace weight to left
1&2 Moving to left cross shuffle right over right-left-right
3-4 Rock/step left to left, replace weight to right
5&6 Moving to right cross shuffle left over left-right-left
&7&8 Hop on right to right, tap left beside right, hop on left to left tap right beside left

REPEAT

BRIDGE

Occurs after 2nd wall only

- | | |
|-----|---|
| 1-2 | Rock/step right to right side, replace weight to left |
| 3&4 | Cross shuffle right over right-left-right |
| 5-6 | Rock/step forward on left, replace weight to right |
| 7&8 | Step back left, step right beside left, step forward left |

TO END DANCE

You will be facing front wall. Do samba step then cross left behind right, step forward on right with hands out at diagonal.
