

Let's Sway

拍數: 32 牆數: 4 級數: Improver
編舞者: Heather Frye (CAN)
音樂: Let's Dance - Mýa



WEAVE SIDE RIGHT, SHUFFLE SIDE RIGHT, CROSS -ROCK-RECOVER ¼ LEFT, CHASE TURN ½ LEFT

- 1-2 Step side right, cross step left behind right
3&4 Step side right, step left beside right, step side right
5&6 Cross step left in front of right (angle body slightly), recover weight onto right, make a ¼ turn left and step down onto left
7&8 Step forward onto right, pivot ½ left stepping onto left, step forward onto right (end facing 3:00)

WEAVE SIDE LEFT, SHUFFLE SIDE LEFT, CROSS -ROCK-RECOVER ¼ RIGHT, CHASE TURN ½ RIGHT

- 1-2 Step side left, cross step right behind right
3&4 Step side left, step right beside left, step side left
5&6 Cross step right in front of right (angle body slightly), recover weight onto left, make a ¼ turn right and step down onto right
7&8 Step forward onto left, pivot ½ right stepping onto right, step forward onto left (end facing 12:00)

KICK RIGHT FORWARD, STEP OUT RIGHT-LEFT, TWIST RIGHT KNEE IN OUT IN, ROCK STEP RECOVER ¼ LEFT, SWEEP ½ TURN LEFT

- 1&2 Kick right foot forward, step back onto right foot, step left foot out slightly so that feet are shoulder width apart
3&4 Twist right knee in slightly toward left leg, twist right knee out on an angle to right, twist right knee in slightly toward left leg
5-6 Twist right knee out on an angle stepping onto the right, recover weight onto left making a ¼ turn left
7-8 Keeping weight on left sweep right foot around to complete a ½ turn left (end facing 3:00)

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, SYNCOPATED TOE TOUCHES TRAVELING BACKWARDS

- 1&2 Step forward onto right, close left to right, step forward onto right
3&4 Step forward onto left, close right to left, step forward onto left

Restart walls 5 and 10

- &5&6&7&8 Step back onto right, touch left toes forward, step back onto left, touch right toes forward, step back onto right, touch left toes forward, step back onto left, touch right toes beside left

REPEAT

RESTART

Restart the dance after the shuffle forward right, shuffle forward left (counts 25&26, 27&28) at the end of the 5th wall (facing 3:00) and the end of the 10th (facing 6:00)
