

Let's Rock

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Linda Brooks (UK)
音樂: Jailhouse Rock - Elvis Presley



SCUFF TAP, HEEL, HEEL, RIGHT AND LEFT

1-2 Scuff right foot forward, tap ball of right foot to ground
3-4 Tap right heel twice
5-8 Repeat steps 1-4 with left foot

TAP RIGHT, FRONT, RIGHT, SLAP BEHIND, SYNCOPATED VINE RIGHT, STOMP

9-10 Tap right foot to right side, tap right foot in front of left
11-12 Tap right foot to right side, slap right foot behind left leg with left hand
13-14 Step right foot to right side, cross left foot behind right
&15-16 Step right foot to right side, step left foot beside right, stomp right foot beside left

STOMP, KICK, COASTER STEP LEFT AND RIGHT

17-18 Stomp left foot beside right, kick left foot forward
19&20 Step left foot back, step right foot beside left, step left foot forward
21-22 Stomp right foot beside left, kick right foot forward
23-24 Step right foot back, step left foot beside right step right foot forward

TAP LEFT, FRONT, LEFT, SLAP BEHIND STEP LEFT, BEHIND, SHUFFLE ¼ TURN LEFT

25-26 Tap left foot to left side, tap left foot in front of right
27-28 Tap left foot to left side, slap left foot behind right leg with right hand
29-30 Step left foot to left side, cross right foot behind left
31&32 Step left foot to left side making ¼ turn left, close right foot to left, step left foot forward

RIGHT FLICK, FLICK BALL CHANGE STOMP ½ TURN RIGHT, LEFT FLICK, FLICK BALL CHANGE STOMP ¼ TURN LEFT

33-34 Flick kick right foot forward twice
&35-36 Step back on ball of right foot, change weight back to left foot, stomp right foot beside left

DANCE STEPS & 35-36 (BALL CHANGE, STOMP) MAKING ½ TURN TO RIGHT

37-38 Flick kick left foot forward twice
&39-40 Step back on ball of left foot, change weight back to right foot, stomp left beside right

DANCE STEPS & 39-40 (BALL CHANGE, STOMP) MAKING ¼ TURN LEFT

SLOW SIDE HEEL JACKS AND DOUBLE CLAPS

41-42& Step right foot to right side turning body ¼ turn to face left, tap left heel forward and clap hands, clap hands again on the &
43-44 Replace left foot to center returning body back to face front, step right foot beside left
45-46& Step left foot to left side turning body ¼ turn to face right, tap right heel forward and clap hands, clap hands again on the &
47-48 Replace right foot to center returning body back to face front, step left foot beside right

CHASSE RIGHT FULL TURN RIGHT, VINE LEFT HITCH RIGHT KNEE TURNING ¾ TO LEFT

49&50 Step right foot to right side, close left foot to right, step right foot to right side
51-52 Make ½ turn right stepping left foot to left side, make ½ turn right stepping right foot to right side
53-54 Step left foot to left side, step right foot behind left
55-56 Step left foot to left side, make ¾ turn left on left foot hitching right knee (no hop)

FLICK KICK RIGHT LEG FORWARD, REPLACE, ROCK OUT TO LEFT AND IN, FLICK KICK LEFT LEG FORWARD, REPLACE, ROCK OUT TO RIGHT AND IN

From right knee hitch

- 57-58 Flick kick right leg forward, replace right leg beside left
- 59-60 Step left foot to left side rocking weight onto it, rock weight back to right
- 61-62 Flick kick left leg forward, replace left leg beside right
- 63-64 Step right foot to right side rocking weight onto it, rock weight back to left

REPEAT
