

Let's Hear It For The Boy

COPPER KNOB
BY STEPHEN

拍數: 56 牆數: 4 級數: Intermediate / Advanced
編舞者: Nadia Friel (AUS) & Nikki Friel - March 2007
音樂: Let's Hear It for the Boy - Deniece Williams



TURN ¼ LEFT, SIDE TOE/HEEL, CROSS TOE/HEEL, TURN ¼ RIGHT, KICK BALL CHANGE, TWIST HEELS OUT, TWIST TOES OUT

- 1-2 Turn ¼ left and right toe/heel strut to right side and click fingers on right hand twice while look to front wall
- 3-4 Cross left toe/heel strut in front of right and click fingers on right hand twice while looking to front wall
- 5&6 Turn ¼ right and kick right forward, step down on right foot, step down on left beside right
- 7-8 Twist both heels out, twist both toes out to center

TWIST RIGHT, TWIST CENTER, CROSS UNWIND FULL TURN, FORWARD, ROCK BACK SHUFFLE BACK

- 1-2-3-4 Twist both heels to r45, twist both heels to center, cross ball of right foot in front of left, unwind a full turn left changing weight to left foot
- 5-6-7&8 Step forward on right, rock back on left, shuffle back stepping right-left-right

COASTER BACK, RIGHT FORWARD, SIDE TO SIDE, LEFT FORWARD, SIDE TO SIDE, RIGHT FORWARD, SIDE TO SIDE

- 1&2 Coaster - step left back, step right beside left, step left forward
- 3&4 Step right forward, step left to left side, rock weight to right
- 5&6 Step left forward, step right to right side, rock weight to left
- 7&8 Step right forward, step left to left side, rock weight to right

REGGAE TURNING ¼ LEFT, TOUCH TOGETHER, EXTENDED SIDE SHUFFLE, FLICK AND SLAP

- 1-2-3-4 Step left across in front of right, turn ¼ left and step right back, step left to left side, touch right beside left
- 5&6&7-8 Step right to side, step left beside right, step right to side, step left beside right, step right to side, flick left foot up behind right and slap with right hand

STEP DOWN, TWIST HEELS, TOES, HEELS, HITCH, PUSH DOWN, HITCH, STEP FORWARD, SCUFF

- 1-2-3-4 Step left down beside right, twist both heels to left, twist both toes to left, twist both heels to left
- 5&6 Hitch right knee up in front of body, push foot down but not to floor, hitch right knee again
- 7-8 Step down on right foot, scuff left forward

Styling: push right shoulder up and left shoulder down with hitches. Push left shoulder up and right shoulder down when pushing foot down

FORWARD, LOCK, SHUFFLE, DOROTHY STEPS WITH ¼ LEFT TURN, STEP LEFT SIDE

- 1-2-3&4 Step left forward, lock right behind left, shuffle left forward stepping left-right-left
- 5&6&7-8& Turning Dorothy step - step right forward and slightly to right 45, lock left behind, turn ¼ left and step down on right, step left forward slightly to left 45, lock right behind left, step left to side

STEP RIGHT SIDE, ROCK LEFT, CROSS, SIDE, HINGE ¾ TURN, FORWARD, BACK, FORWARD

- 1-2-3-4 Step right to right side, rock weight to left, step right across in front of left, step left to left side (count 52)
- 5-6-7-8 Turn ¾ right on left foot and step right forward, step left forward, step right back, rock weight forward on left

REPEAT

RESTART

Restart dance after count 12 during 3rd wall facing back wall

Restart after count 52 on 6th wall, facing the back wall
