Let's Have Fun



拍數: 32 牆數: 4 級數: Improver

編舞者: Kevin S. Ward (USA) & Rena Ward (USA)

音樂: Sexual Lover - Paulina Rubio



While on the balls of both feet

KICK & KICK & BOUNCE & BOUNCE & KICK & BOUNCE & BOUNCE &

1&2& Kick right forward, bring right home, kick left forward, bring left home

3&4& Place the ball of your right forward while dropping heels, raise both heels, drop both heels,

bring right home

5&6& Kick left forward, bring left home, kick right forward, bring right home

7&8& Place the ball of your left forward while dropping heels, raise both heels, drop both heels.

bring left home

4 SHUFFLES WHILE MAKING 2 FULL TURNS

During this section you will travel slightly right from your starting wall for the first 2 shuffles and the last two shuffles will be in place with no travel

1&2	While making ½ turn right shuffle right, left, right
3&4	While making ½ turn right shuffle left, right, left
5&6	While making ½ turn right shuffle right, left, right
7&8	While making ½ turn right shuffle left, right, left

During the above section for arms styling drop your right arm and shoulder while raising your left arm and shoulder when doing the right, left, right shuffles then switch them by dropping your left shoulder and left arm and raising your right arm and shoulder when doing the left, right, left shuffles. (this should be like a windmill, propeller look)

CROSS, SIDE, CROSS, ROCK, SHUFFLE TO THE RIGHT WITH 1/4 TURN RIGHT, 1/2 RIGHT TRIPLE TURN

1-2 Cross right foot over left, step left to left3-4 Cross right foot over left, rock left

5&6 Step right to right side, step left next to right, while making ¼ turn right step right forward

7&8 Step left forward, while making ½ turn right step right in place, step left forward

FORWARD, FORWARD, BACK, BACK, TOES, HEELS, TOES, HOME

1-2	Step right forward, step left forward next to right (keep feet slightly apart)
3-4	Step right back, step left back next to right (keep feet slightly apart)
5-6	Fan toes out while bending at the knees, with weight on left heel and right toe split heels while straightening knees (this will make you travel slightly right in a down up motion)
7-8	With weight on left toe and right heel fan toes out while bending at knees, bring toes home while straightening knees (this will make you travel slightly right in a down up motion)

During this section with your arms bent at the elbows at a ¼ turn angle, when your knees go out put your hands out to the side palms facing forward and when your knees come in bring your hands in with elbows still bent with your palms facing you then drop your arms to start the dance over

REPEAT