

Let's Go Girls!

拍數: 40 牆數: 4 級數:
編舞者: Debbie Greaves (AUS)
音樂: Man! I Feel Like a Woman! - Shania Twain



WALK FORWARD, FORWARD, SYNCOPATED-STEP SIDE, CROSS, STEP FORWARD

1-2& Step forward right-left, turn $\frac{1}{4}$ left as you step right to right side
3-4 Cross left over right, turn $\frac{1}{4}$ left as you step forward with right

WALK FORWARD, FORWARD, SYNCOPATED-STEP SIDE, CROSS, STEP FORWARD

1-2& Step forward left-right, turn $\frac{1}{4}$ right as you step left to left side
3-4 Cross right over left, turn $\frac{1}{4}$ right as you step forward with left

STEP, TURN, TRIPLE, $\frac{1}{2}$ TURN, TRIPLE

1-2-3&4 Step right forward, rock back onto left with $\frac{1}{2}$ turn right, triple step in place
1-2-3&4 Step left forward, $\frac{1}{2}$ turn right, triple step (left-right-left)

BACK, CROSS, SIDE, BEHIND $\frac{1}{4}$ TURN, HITCH, HIP BUMPS

&1 Step ball of right behind left, cross left over right (back cross)
2-3 Step right to right side, step left behind right
4 Step right to side with $\frac{1}{4}$ turn right
5 Pivot $\frac{1}{4}$ turn right on right, hitching left
6-8 Step left to left side (bump), rock right-left

1-8 Repeat last 8 counts

$\frac{1}{4}$ SHUFFLE, $\frac{1}{2}$ SHUFFLE, $\frac{1}{2}$ SHUFFLE, $\frac{1}{2}$ STEP, $\frac{1}{2}$ STEP, $\frac{1}{4}$ STEP, $\frac{1}{4}$ PIVOT TURN LEFT

1&2 Turning $\frac{1}{4}$ right small shuffle forward on right
3&4 Turning $\frac{1}{2}$ left small shuffle forward on left
5 Turning $\frac{1}{2}$ right step forward on right
6 Turning $\frac{1}{2}$ left step forward on left
7-8 Turning $\frac{1}{4}$ right step forward on right, pivot $\frac{1}{4}$ turn left

REPEAT
