

# Let's Go Girls

**COPPER KNOB**  
STEPSHEETS

拍數: 56      牆數: 4      級數: Improver  
編舞者: Janine King & Wendy Schneebeli (NZ)  
音樂: Man! I Feel Like a Woman! - Shania Twain



## **SIDE SHUFFLE RIGHT, CROSS ROCK LEFT BEHIND**

1&2      Step right foot to right side, step left foot together, step right foot to right side  
3-4      Cross rock left foot behind right, recover weight onto right foot

## **SIDE SHUFFLE LEFT, CROSS ROCK RIGHT BEHIND**

1&2      Step left foot to left side, step right foot together, step left foot to left side  
3-4      Cross rock right foot behind left, recover weight onto left foot

## **POINT, STEP/ POINT, STEP, POINT, STEP, POINT, TURN**

1-2      Point right toe to right side (turn head to right), step right foot forward (click fingers)  
3-4      Point left toe to left side (turn head to left), step left foot forward (click fingers)  
5-6      Point right toe to right side (turn head to right), step right foot forward (click fingers)  
7-8      Point left toe to left side (turn head to left), turn ½ turn left with weight on left foot

## **SCUFF RIGHT, TOUCH TOE, HEEL, HEEL**

1-2      Scuff right 45 degrees over left, touch right toe to 45 degrees right  
3-4      Tap right heel, tap right heel (end with weight on right foot)

## **SCUFF LEFT, TOUCH TOE, HEEL, HEEL**

1-2      Scuff left 45 degrees over right, touch left toe to 45 degrees left  
3-4      Tap left heel, tap left heel (end with weight on left foot)

## **DOUBLE HIP BUMPS RIGHT AND LEFT**

1-2      Step forward on right foot bumping hips right twice  
3-4      Step forward on left foot bumping hips left twice

## **FULL ROLL RIGHT**

1-2      Step onto right foot while turning ¼ turn right, step onto left foot while turning ½ turn right  
3-4      Step onto right foot while turning ¼ turn right, touch left beside right with a clap

## **FULL ROLL LEFT**

1-2      Step onto left foot while turning ¼ turn left, step onto right foot while turning ½ turn left  
3-4      Step onto left foot while turning ¼ turn left, touch right beside left with a clap

## **ROCK FORWARD & BACK, ¾ TURN RIGHT, TRIPLE STEP**

1-2      Rock forward onto right foot, rock back onto left  
3&4      While turning ¾ turn right, triple step right left right

## **ROCK FORWARD & BACK, ¾ TURN LEFT, TRIPLE STEP**

1-2      Rock forward onto left foot, rock back onto right  
3&4      While turning ¾ turn left, triple step left right left

## **STEP, SLIDE, STEP, SLIDE**

1-2      Step back onto right foot on 45 degree angle and slide left foot back and across in front of right  
3-4      Step back onto right foot on 45 degree angle and slide left foot back and across in front of right

**SWAY RIGHT & LEFT, CROSS, ¾ TURN LEFT**

1-2 Step right foot to right side, sway back onto left foot

3-4 Cross right toe over left, unwind ¾ turn left (weight on right foot)

**ROCK BACK, SCUFF, STOMP, STOMP**

&1-2 Step quickly back onto ball of left foot, step right in place, scuff left forward

3-4 Stomp left, stomp right beside left and clap

**REPEAT**

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