

Let's Go Girls

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen Sunter (UK)
音樂: Man! I Feel Like a Woman! - Shania Twain



STEP LEFT, CLICK, LEFT SIDE ½ PIVOTS, CLAP, CLICK, STEP FORWARD, HOLD

- 1-2 Step left foot to left side, hold and click fingers, (shoulder height)
- 3-4 Pivot ½ turn left on left foot while stepping right foot to right, hold and clap
- 5-6 Pivot ½ turn left on right foot while stepping left foot to left, hold and click fingers
- &7-8 Step forward right, left, (feet shoulder width apart) hold

ELVIS KNEES

- 9-10 Bend right knee in to left bumping hips to left, bump hips left
- &11-12 Straiten right leg, bend left knee in to right bumping hips to right, bump hips right
- &13-14 Straiten left leg, bend right knee in to left bumping hips to left, bump hips left
- &15-16 Straiten right leg, bend left knee in to right bump hips to right, bump hips right

KICK, KICK, SWITCH, KICK, KICK, SWITCH, KICK, SWITCH, KICK, CROSS & STEP

- 17-18 Kick left foot across in front of right twice
- &19-20 Step left foot next to right, kick right foot across in front left twice
- &21 Step right foot next to left, kick left foot across in front of right
- &22 Step left foot next to right, kick right foot across in front left
- &23-24 Step right foot next to left, cross step left in front of right, step right to right side

LEFT SAILOR SHUFFLE, RIGHT SAILOR SHUFFLE, ¾ TURN, RIGHT COASTER STEP

- 25&26 Step left behind right, step right to right side, step left to left
- 27&28 Step right behind left, step left to left side, step right to right
- 29-30 Cross left foot in front of right foot, unwind ¾ turn to the right
- 31&32 Step back on right foot, step left next to right, step right foot forward

REPEAT

When dancing to "Man! I Feel Like A Woman!" by Shania Twain, on the second wall, when doing the Elvis knees, start to bring your feet together. Replace counts & 17 through to 24 with the first 8 counts from the dance "Outta Line" choreographed by Scott Blevins. At this time Shania should be singing the words "Get a little Outta Line..."

OUTTA LINE (FIRST EIGHT COUNTS)

RUNNING MAN

- 1& Stomp right foot forward, scoot right foot back lifting left foot up beside right calf
- 2& Stomp right foot forward, scoot right foot back lifting left foot up beside right calf
- 3&4& Repeat steps 1 & 2 &

STOMP, CLAP, STEP, STOMP, CLAP

- 5-6 Stomp right foot forward, clap hands
- 7& Step left next to right, stomp right forward
- 8 Clap hands