

# Let's Get Nuts!

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Mikael Mölsä (FIN)  
音樂: Let's Go Crazy - Prince



When danced to Prince's track, start dancing after Prince says "Your On Your Own!" at 0:51. It then fits to the music like perfectly. Alternatively you can start at the vocals, but then the tags are to the walls 1, 3 and 5

## SHUFFLE, HOLD, STEP, CLAP, ½ TURN, CLAP

1-2            Step forward on right, step left together  
3-4            Step forward on right, hold  
5-6            Step forward on left, clap hands  
7-8            Turn ½ to right, clap hands

## ROCK STEP WITH STRUTS, ¼ RIGHT TURNING TWISTS, HOLD

1-2            Touch left toe forward, step weight on to left foot  
3-4            Touch right toe back, step weight on to both feet  
5-6            Twist heels left and turn ¼ to left, twist heels to right  
7-8            Twist heels to center, hold

## COASTER STEP, HOLD, ¼ RIGHT TURNING PIVOT, HOLD

1-2            Step right back, step left next to right  
3-4            Step right forward, hold  
5-6            Step left forward, turn ¼ to right  
7-8            Step left across right, hold

## JAZZ BOX WITH STRUTS

1-2            Touch right toe across left, step weight on to right  
3-4            Touch left toe back, step weight on to left  
5-6            Touch right toe to side, step weight on to right  
7-8            Touch left toe forward, step weight on to left

**Option: for more advanced dancers, you can do the box with a following set of 8 counts:**

1-2            Turn 1/8 to left by touching right toe back, turn 1/8 to left and step weight on to right  
3-4            Turn 1/8 to left by touching left toe front, turn 1/8 to left and step weight on to left  
5-6            Turn 1/8 to left by touching right toe back, turn 1/8 to left and step weight on to right  
7-8            Turn 1/8 to left by touching left toe front, turn 1/8 to left and step weight on to left

**This turns 1 full turn to left ending your weight on the left, just like in the normal box. Try to push on the steps 2, 4, 6, 8. It gives your moving a little more "floating" feeling**

## WEAVE RIGHT ENDING IN A ROCKING CHAIR (LIKE IN ALL WEEK LONG)

1-2            Step right to side, step left behind right  
3-4            Step right to side, scuff left across right  
5-6            Rock left across right, recover weight back on right  
7-8            Rock left across right, recover weight back on right

## WEAVE LEFT ENDING IN A ¼ LEFT TURN, ½ PIVOT, HOLD

1-2            Step left to side, step right over left  
3-4            Step left to side, step right behind left  
5              Turn ¼ to left by stepping left forward  
6-7-8        Step right forward, turn ½ to left, hold

## SHUFFLE FORWARD, HOLD, 1 ¼ TURN RIGHT, HOLD

- 1-2 Step right forward, step left next to right
- 3-4 Step right forward, hold
- 5-6 Turn  $\frac{1}{2}$  to right by stepping left back, turn  $\frac{1}{2}$  right by stepping right forward
- 7-8 Turn  $\frac{1}{4}$  to right by stepping left to side, hold

**KNEE POPS WITH HOLDS, KNEE POPS**

- 1-2 Pop both your knees to right while stepping right forward, hold
- 3-4 Pop both your knees to left while stepping left forward, hold
- 5-6-7-8 Pop your knees to right-left-right-left while stepping forward on each count (kinda like Shorty Georges)

**Option: knee pops can also be replaced with skates, skating right-hold-left-hold-right-left-right-left**

**REPEAT**

**TAG**

**After walls 2, 4, 6**

**$\frac{1}{4}$  RIGHT TURNING JAZZ BOX WITH HOLD**

- 1-2 Step right across left, hold
- 3-4 Step left back, hold
- 5-6 Turn  $\frac{1}{4}$  to right and step right to side, hold
- 7-8 Step left next to right, hold

**$\frac{1}{4}$  RIGHT TURNING JAZZ BOX WITH HOLD**

- 1-2 Step right across left, hold
  - 3-4 Step left back, hold
  - 5-6 Turn  $\frac{1}{4}$  to right and step right to side, hold
  - 7-8 Step left next to right, hold
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