

Let's Get Nuts!

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mikael Mölsä (FIN)
音樂: Let's Go Crazy - Prince



When danced to Prince's track, start dancing after Prince says "Your On Your Own!" at 0:51. It then fits to the music like perfectly. Alternatively you can start at the vocals, but then the tags are to the walls 1, 3 and 5

SHUFFLE, HOLD, STEP, CLAP, ½ TURN, CLAP

1-2 Step forward on right, step left together
3-4 Step forward on right, hold
5-6 Step forward on left, clap hands
7-8 Turn ½ to right, clap hands

ROCK STEP WITH STRUTS, ¼ RIGHT TURNING TWISTS, HOLD

1-2 Touch left toe forward, step weight on to left foot
3-4 Touch right toe back, step weight on to both feet
5-6 Twist heels left and turn ¼ to left, twist heels to right
7-8 Twist heels to center, hold

COASTER STEP, HOLD, ¼ RIGHT TURNING PIVOT, HOLD

1-2 Step right back, step left next to right
3-4 Step right forward, hold
5-6 Step left forward, turn ¼ to right
7-8 Step left across right, hold

JAZZ BOX WITH STRUTS

1-2 Touch right toe across left, step weight on to right
3-4 Touch left toe back, step weight on to left
5-6 Touch right toe to side, step weight on to right
7-8 Touch left toe forward, step weight on to left

Option: for more advanced dancers, you can do the box with a following set of 8 counts:

1-2 Turn 1/8 to left by touching right toe back, turn 1/8 to left and step weight on to right
3-4 Turn 1/8 to left by touching left toe front, turn 1/8 to left and step weight on to left
5-6 Turn 1/8 to left by touching right toe back, turn 1/8 to left and step weight on to right
7-8 Turn 1/8 to left by touching left toe front, turn 1/8 to left and step weight on to left

This turns 1 full turn to left ending your weight on the left, just like in the normal box. Try to push on the steps 2, 4, 6, 8. It gives your moving a little more "floating" feeling

WEAVE RIGHT ENDING IN A ROCKING CHAIR (LIKE IN ALL WEEK LONG)

1-2 Step right to side, step left behind right
3-4 Step right to side, scuff left across right
5-6 Rock left across right, recover weight back on right
7-8 Rock left across right, recover weight back on right

WEAVE LEFT ENDING IN A ¼ LEFT TURN, ½ PIVOT, HOLD

1-2 Step left to side, step right over left
3-4 Step left to side, step right behind left
5 Turn ¼ to left by stepping left forward
6-7-8 Step right forward, turn ½ to left, hold

SHUFFLE FORWARD, HOLD, 1 ¼ TURN RIGHT, HOLD

- 1-2 Step right forward, step left next to right
- 3-4 Step right forward, hold
- 5-6 Turn $\frac{1}{2}$ to right by stepping left back, turn $\frac{1}{2}$ right by stepping right forward
- 7-8 Turn $\frac{1}{4}$ to right by stepping left to side, hold

KNEE POPS WITH HOLDS, KNEE POPS

- 1-2 Pop both your knees to right while stepping right forward, hold
- 3-4 Pop both your knees to left while stepping left forward, hold
- 5-6-7-8 Pop your knees to right-left-right-left while stepping forward on each count (kinda like Shorty Georges)

Option: knee pops can also be replaced with skates, skating right-hold-left-hold-right-left-right-left

REPEAT

TAG

After walls 2, 4, 6

$\frac{1}{4}$ RIGHT TURNING JAZZ BOX WITH HOLD

- 1-2 Step right across left, hold
- 3-4 Step left back, hold
- 5-6 Turn $\frac{1}{4}$ to right and step right to side, hold
- 7-8 Step left next to right, hold

$\frac{1}{4}$ RIGHT TURNING JAZZ BOX WITH HOLD

- 1-2 Step right across left, hold
 - 3-4 Step left back, hold
 - 5-6 Turn $\frac{1}{4}$ to right and step right to side, hold
 - 7-8 Step left next to right, hold
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