

Let's Get Loud

拍數: 32 牆數: 4 級數: Improver
編舞者: David Palazón
音樂: Let's Get Loud - Jennifer Lopez



SIDE STEP, FORWARD ROCK STEP, TRIPLE STEP TO LEFT SIDE

1 Right step to right side
2 Rock forward on left foot
3 Recover weight on right, in place
4 Left step to left side
& Step right beside left
5 Left step to left side

SIDE, FORWARD, TRIPLE LOCK

6 Step right beside left
7 Step forward left foot
8 Step forward right foot
& Step forward left, lock behind right
9 Step forward right foot

STEP, ½ TURN, TRIPLE LOCK

10 Step forward left foot
11 ½ Turn to right, weight on right
12 Step forward left foot
& Step forward right foot, lock behind left
13 Step forward left foot

TRIPLE LOCK FORWARD TWICE

14 Step forward right foot
& Step forward left, lock behind right
15 Step forward right foot
16 Step forward left foot
& Step forward right foot, lock behind left
17 Step forward left foot

STEP FORWARD, ¾ TURN, SIDE TRIPLE STEP

18 Step forward left foot
19 ¾ Turn to right, weight on right
20 Left step to left side
& Step right beside left
21 Left step to left side

STEP FORWARD, SPIRAL TURN, SAILOR STEP

22 Step forward right foot
23 Full turn to left on right foot
24 Rondé (sweep) left foot, to forward to back
25 Step left behind right
& Step right foot slightly to right side
26 Step left foot slightly to left side

POINTS, TRIPLE LOCK FORWARD, HIP BUMPS

- 27 Point right toe to right side
- 28 Point right toe cross over left
- 29 Step forward right foot
- & Step forward left, lock behind right
- 30 Step forward right foot
- 31 Step forward left foot and hip bump forward
- & Hip bump back to the right
- 32 Hip bump forward, weight on left

REPEAT
