

Let's Do It

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lois Lightfoot (UK)
音樂: Love Is In The Air - Sharon B



KICK FORWARD SIDE COASTERS STEP RIGHT & LEFT

1-2 Kick right foot forward. Kick right foot to right side
3&4 Step right back, left next to right, step right forward
5-6 Kick left foot forward, kick left foot to left side
7&8 Step left back, right next to left, left foot forward

SHUFFLE RIGHT, LEFT, ROCK, SHUFFLE ¼ TURN

1&2 Shuffle forward on right, (right, left, right)
3&4 Shuffle forward on left (left, right, left)
5-6 Rock forward onto right, rock back onto left
7&8 Step right back make ¼ turn right, left step to right, right to side

WEAVE TO RIGHT, CROSS ROCK SHUFFLE ½ TURN

1-2 Step left over right, step right to right side
3-4 Cross left behind right, step right to side
5-6 Cross rock left over right, rock back onto right foot
7&8 Shuffle ½ turn to left stepping left, right, left

ROCK SIDE, BEHIND SIDE ACROSS, RIGHT & LEFT

1-2 Rock right out to side, rock back onto left foot
3&4 Step right behind left, left to left side, right across left
5-6 Rock left out to left side, rock back onto right foot
7&8 Step left behind right, right to side, left step across

STEP HOLD. STEP HOLD, ROCK, SHUFFLE ½ TURN

1-2 Step right to right side, hold for one beat
&3-4 Step left to right, step right to right side, hold
5-6 Cross rock left over right foot, rock back onto right foot
7&8 Shuffle ½ turn to left stepping left, right, left

STEP HOLD, STEP HOLD, ROCK, SHUFFLE ½ TURN

1-8 Repeat the previous 8 counts

REPEAT
