

Let's Dance, Guys!

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Jos Slijpen (NL)
音樂: Men Don't Dance Anymore - Beccy Cole



ELVIS KNEES WITH HOLDS

1-4 Touch right toe out to right side and bend knee in towards left, hold for 3 counts
5-8 Take weight on right foot and bend left knee in towards right, hold for 3 counts

ELVIS KNEES, HOLD, FORWARD SHUFFLE RIGHT, FORWARD ROCK LEFT, RECOVER

1-4 Switch weight on left-right-left bending knees in, hold
5&6 Shuffle forward stepping right-left-right
7-8 Rock forward left, recover weight on right

BACK SHUFFLE LEFT, BACK ROCK, RECOVER, FORWARD SHUFFLE RIGHT, PIVOT ½ TURN RIGHT

1&2 Shuffle back stepping left-right-left
3-4 Rock back right, recover weight on left
5&6 Shuffle forward stepping right-left-right
7-8 Step forward left, pivot ½ turn right (facing 6:00)

FORWARD SHUFFLE LEFT, PIVOT ¼ TURN LEFT, CROSS SHUFFLE LEFT, ¼ TURN RIGHT HOLD

1&2 Shuffle forward stepping left- right-left
3-4 Step forward right, pivot ¼ turn left (facing 3:00)
5&6 Cross right over left, step left to left side, cross right over left
7-8 Make ¼ turn right stepping back on left, hold (facing 6:00)

SIDE STEP RIGHT, HOLD, CLAP TWICE, SIDE STEP LEFT (WITH HIP BUMP), HOLD, HIP BUMPS

1-2 Step right to right side, hold
3-4 Hold with clap (twice)
5-6 Step left to left side and bump hips left, hold
7-8 Bump hips right, bump hips left

FORWARD STEP RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD, FORWARD STEP RIGHT, HOLD, PIVOT ¼ TURN LEFT, HOLD

1-2 Step forward right, hold
3-4 Pivot ½ turn left, hold
5-6 Step forward right, hold
7-8 Pivot ¼ turn left, hold (facing 9:00)

CHASSE RIGHT, ROCK BEHIND, RECOVER, CHASSE LEFT, ROCK BEHIND, RECOVER

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock left behind right, recover weight on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock right behind left, recover weight on left

FORWARD ½ TURN SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE LEFT, ROCK RIGHT OUT TO RIGHT SIDE, RECOVER

1&2 Shuffle forward while making ½ turn left stepping right-left-right
3-4 Rock back left, recover weight on right
5&6 Shuffle forward stepping left-right-left
7-8 Rock right out to right side, recover weight on left (facing 3:00)

REPEAT

TAG

After, 1st, 2nd and 4th wall

**FORWARD SHUFFLE RIGHT, ROCK LEFT OUT TO LEFT SIDE, RECOVER, FORWARD SHUFFLE
RIGHT, ROCK RIGHT OUT TO RIGHT SIDE, RECOVER**

1&2 Shuffle forward stepping right-left-right

3-4 Rock left out to left side, recover weight on right

5&6 Shuffle forward stepping left-right-left

7-8 Rock right out to right side, recover weight on left
