

Let's Dance

拍數: 52 牆數: 2 級數: Intermediate
編舞者: Deb Crew (CAN)
音樂: Let's Dance - The Neilsons



SYNCOPATED HEEL TAPS, TOE TOUCHES, SHUFFLES IN PLACE

- &1 Quickly tap right heel forward twice
- 2 Touch right toe back
- 3&4 One 3-step shuffle in place: right left right
- &5 Quickly tap left heel forward twice
- 6 Touch left toe back
- 7&8 One 3-step shuffle in place: left right left
- &9 Quickly tap right heel forward twice
- 10 Touch right toe back
- 11&12 One 3-step shuffle in place: right left right

TWO FULL-BEAT HEEL TAPS, STEP-TOUCH, HOLD & CLAP

- 13-14 Tap left heel forward twice
- &15 Step left beside right (&), touch right heel forward
- 16 Hold position & clap

BALL-CROSS, HOLD (CLAP), SIDE SHUFFLES

- &17 Small step side right on ball of right foot, step left over right (weight on left)
- 18 Hold position & clap for one beat
- 19&20 One 3-step side shuffle to the right: right left right
- &21 Small step side left on ball of left foot, step right over left (weight on right)
- 22 Hold position & clap for one beat
- 23&24 One 3-step side shuffle to the left: left right left
- &25 Small step side right on ball of right foot, step left over right (weight on left)
- 26 Hold position & clap for one beat
- 27&28 One 3-step side shuffle to the right: right left right

STEP SIDE LEFT & SHIMMY, SHIMMY AGAIN, TOUCH RIGHT & CLAP

- 29 Step side left on left foot & shimmy body
- 30 Shimmy again as you start to drag right foot towards left
- 31-32 Touch right beside left; hold position & clap (weight on left)

TWO FULL-BEAT TAPS &, KICK-STEP-TOUCHES

Hitch knee after each tap to give this sequence "attitude"

- 33-34 Tap right heel in place twice - hitch right knee after each tap
- 35&36 Right kick-step-touch: kick right foot forward, step down on right foot, touch left beside right (weight on right)
- 37-38 Tap left heel in place twice - hitch left knee after each tap
- 39&40 Left kick-step-touch: kick left foot forward, step down on left foot, touch right beside left (weight on left)
- 41-42 Tap right heel in place twice - hitch right knee after each tap
- 43&44 Right kick-step-touch: kick right foot forward, step down on right foot, touch left beside right (weight on right)
- 45-46 Tap left heel in place twice - hitch left knee after each tap
- 47&48 Left kick-step-touch: kick left foot forward, step down on left foot, touch right beside left (weight on left)

BODY ROLLS WHILE ¼ TURNING LEFT

Roll hips right as you step forward; Roll hips left as you ¼ turn

49-50 Step forward on right & roll hips right, step ¼ turn left & roll hips left

51-52 Step forward on right & roll hips right, step ¼ turn left & roll hips left

REPEAT

TAG

At the end of wall 2 only, add the following:

53-54 Step forward on right & roll hips right, step ¼ turn left & roll hips left

55-56 Step forward on right & roll hips right, step ¼ turn left & roll hips left
