

Let's Begin

拍數: 32 牆數: 4 級數: Beginner
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音樂: Dumb - The 411



ANGLED STEP TOUCHES FORWARD & BACK

- 1-2 At 45 degree angle, step forward on right, touch left beside & clap
- 3-4 At 45 degree angle, step forward on left, touch right beside & clap
- 5-6 At 45 degree angle, step back on right, touch left beside & clap
- 7-8 At 45 degree angle, step back on left, touch right beside & clap

GRAPEVINE RIGHT, GRAPEVINE LEFT & TURN ¼ LEFT

- 1-4 Grapevine right with scuff left on 4th count
- 5-8 Grapevine left with ¼ turn left & scuff

STEP TOUCHES FORWARD & BACK TURNING ¼ LEFT TWICE

- 1-2 Step forward on right, touch left beside right
- 3-4 Step back on left as you turn ¼ left, touch right beside left
- 5-6 Step forward on right, touch left beside right
- 7-8 Step back on left as you turn ¼ left, touch right beside left

GRAPEVINE RIGHT & HIP BUMPS OR BOUNCES

- 1-3 Grapevine right
- 5-8 Bump hips: left, back, right, & forward to make circle

Option: bump hips left, back & bounce 3 times as you move hips in circle around to the front
Second option: do you own thing!

REPEAT
