

Let's Be Foolish

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Terry Mchugh (UK)
音樂: Be Young, Be Foolish, Be Happy - Scooter Lee



SHUFFLE RIGHT, BACK ROCK, SHUFFLE LEFT, BACK ROCK

1&2 Shuffle right (right, left, right)
3-4 Rock back on left, rock forward on right
5&6 Shuffle left, left, right, left
7-8 Rock on right, rock forward on left

RIGHT KICK BALL CHANGEX2, HIP ROCKS, RIGHT KICK BALL CHANGE

1&2 Kick right leg forward, step right beside left, step left beside right
3&4 Repeat 1&2
5-6 Stomp right in place, rock hips to left, stomp left in place, rock hips to right
7&8 Repeat 1&2

MONTEREY ½ TURN, MONTEREY ¼ TURN

1-2 Point right to right side, turn ½ right, step right beside left
3-4 Point left to left side, step left beside right
5-6 Point right to right side, turn ¼ right, step right beside
7-8 Point left to left side, step left beside right

TOE STRUTSX2, COASTER SHUFFLE

1-2 Right toe strut forward, hold
3-4 Left toe strut beside right
5-6 Step back on right, step left beside right
7&8 Shuffle forward, right, left, right

ROCKING HORSE, FORWARD SHUFFLE WITH ¼ TURN LEFT

1-2 Rock forward on left, rock back on right
3-4 Rock back on left, rock forward on right
5-6 Rock forward on left, rock back on right
7&8 Step ¼ left on left, with forward shuffle left, right, left

SHUFFLE ½ TURN, BACK ROCK, SHUFFLE ½ TURN BACK ROCK

1&2 Shuffle ½ turn left right, left, right
3-4 Rock back on left rock forward on right
5&6 Shuffle ½ turn right left, right, left
7-8 Rock back on right, rock forward on left

SCUFF & HOOK, FORWARD SHUFFLE, FORWARD ROCK, ¼ TURN LEFT, LEFT SIDE SHUFFLE.

1-2 Scuff right forward, hook right across left
3&4 Shuffle forward right, left, right
5-6 Rock forward on left, rock back on right
7&8 Turn ¼ left with left side shuffle left (left, right, left)

STEP FORWARD, ½ TURN LEFT WITH LEFT HOOK, FORWARD SHUFFLE, FORWARD ROCK, COASTER STEP

1-2 Step forward on right, make ½ turn left & hook left across right
3&4 Shuffle forward left, right, left

5-6

Rock forward on right, rock back on left

7&8

Step back on right, step left beside right, step forward on right

REPEAT
