

Let Yourself Go-Go

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA) & Scott Schrank (USA)
音樂: Let Yourself Go - Scarlett & Black



KICK, STEP, STEP, CROSS, TOUCH OUT, TOUCH IN, TOUCH OUT, PIVOT ¼ RIGHT, HITCH

1&2 Left kick side left, left step behind right, right step side right
3-4 Left step across right, right touch side right
5-6 Right touch next to left, right touch side right
7-8 Right step ¼ turn right, left knee hitch

ROCK, RECOVER, TURN ½, TURN ¼, WALK, WALK, WALK, SIDE ROCK & CROSS

1-2 Left rock back, right recover
3-4 Pivot ½ right and step left foot back, pivot ¼ right and step right foot forward
5-6-7 Step left forward, step right forward, step left forward
8&1 Right rock side right, left recover, right step across left

TURN ¼, TURN ½, TURN ¼, BEHIND & CROSS, ROCK ¼ LEFT, RECOVER

2-3-4 Pivot ¼ right and step left foot back, pivot ½ right and step right foot forward, pivot ¼ right and step left foot side left
5&6 Right step behind left, left step side left, right step across left
7-8 Left rock forward with ¼ turn left, right recover

"LET YOURSELF GO-GO" WALKS, LEFT SAILOR, RIGHT SAILOR TURNING ½ RIGHT

1-2 Step left back, step right back
3-4 Step left back, step right back

Styling (this is required!!!): flail arms madly while walking backwards on counts 1-4, or do whatever feels good - the point is to let yourself go!

5&6 Left step ball of foot behind right, right step ball of foot side right, step left forward
7&8 Right step ball of foot behind left turning ¼ right, left step ball of foot side left, right step forward turning ¼ right

REPEAT

TAG

After completing the 7th repetition of the dance, do this:

1-4 Hold position and flail arms madly