

Let Your Hair Down

拍數: 32 牆數: 4 級數: Improver cha cha
編舞者: Jessica Haugen (NOR) & Kelli Haugen (NOR)
音樂: Put Your Records On - Corinne Bailey Rae



Get a preview or download music at www.corinnebaileyrae.net
There is a very short intro in this song. Start on the first word "Three"

STEP, ROCK, RECOVER, CHASSE, ¼ TURN ROCK, RECOVER

1-2-3 Step left on left, rock forward on right, recover on left
4&5 Step right to right, step left next to right, step right on right
6-7 ¼ turn right on right and rock forward on left, recover on right

TRIPLE LOCK BACK, SWEEP ½ TURN, STEP, TRIPLE LOCK FORWARD, ROCK, RECOVER

8&1 Step back on left, lock right over left, step back on left
2-3 Sweep right foot from front to back doing a ½ turn right on left foot, step forward on right
4&5 Step forward on left, lock right behind left, step forward on left
6-7 Rock to right on right, recover left (swaying hips)

ROCK, ROCK, ROCK, STEP, CROSS BACK, CHASSE ¼, STEP, ½ TURN, STEP

8&1 Rock (shift weight) right, left, right (swaying hips)
2-3 Step left to left, cross right behind left
4&5 Step left to left, step right next to left, ¼ turn left on left
6-7-8 Step forward on right, ½ turn right on left, step forward on right

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, TOUCH, TOUCH, ½ TURN, STEP

&1-2 Rock left on left, recover right, step left in front of right
&3-4 Rock right on right, recover left, step right in front of left
5-6 Touch left toe forward, touch left toe back
7-8 ½ turn left on left, step forward on right

REPEAT

RESTARTS

On the 4th wall (starting facing 6:00) only do the first 11 counts up to "step forward on right", then touch your left toe next to your right foot and start the dance again facing 3:00

On the 8th wall (starting facing 9:00) only do the first 8& counts up to "lock right over left" and start the dance again facing 12:00. So, although this is actually a 2 wall dance, it becomes 4 walls because of the restarts

ENDING

On the 12th wall (starting facing 6:00) do the first 10 counts substituting the ½ turn sweep with a ¼ turn sweep to finish facing front