

Let The Story Be Told

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Bill Ray (USA) & Violet Ray (USA)
音樂: Ka Uluwehi O Ke Kai - Hapa



This dance is dedicated to the new friends that we have met since moving to Hawaii

RIGHT, CROSS, RIGHT, RECOVER, CROSS, STEP LEFT, BACK COASTER STEP, STEP

- 1 Step to right on right foot
- 2 Cross left foot over right foot
- 3 Rock to right on right foot
- 4 Rock (recover) to left on left foot
- 5 Cross right foot over left foot
- 6 Step left foot beside right foot
- 7&8& Step back on right foot, step left beside right, step forward on right foot, step left foot beside right foot

SIDE STEPS RIGHT, HIP ROLL (AMI)

- 1 Step to right on right foot
- 2 Step left foot beside right foot
- 3 Step to right on right foot
- 4 Step left foot beside right foot
- 5-8 Execute 360-degree hip roll (ami) to the left beginning at 12:00, ending at 12:00, and checking (bouncing) hips at 10:00, 8:00, 4:00, and 2:00 positions

ROCK, RECOVER, ¼ TURNING SAILOR SHUFFLE, ROCK, RECOVER, ¾ TURNING TRIPLE RIGHT

- 1 Rock to left on left foot
- 2 Rock (recover) to right on right foot
- 3&4 Cross left behind right, pivot ¼ turn to right on ball of left foot while stepping forward (3:00) on right foot, step left foot beside right foot
- 5 Rock forward on right foot
- 6 Recover (rock back) on left foot
- 7&8 Turn ¾ turn to right while executing right triple step (right, left, right) (end facing 12:00)

SIDE STEPS LEFT, KNEE POPS (UWEHES)

- 1 Step to left on left foot
- 2 Step right foot beside left foot
- 3-4 Execute two double knee pops (uwehes) (push knees forward while lifting heels)
- 5-8 Repeat counts 1-4

ROCK, RECOVER, RIGHT RONDE, ROCK BACK & FORWARD, ½ TURNING TRIPLE RIGHT

- 1 Rock forward on right foot
- 2 Rock back on left foot
- 3-4 Execute 180-degree "ronde" sweep (½ circle movement) with right toe starting at 12:00 and ending at 6:00 with right foot behind left foot
- 5 Rock back on left foot
- 6 Rock forward on right foot
- 7&8 Turn ½ turn to right while executing left triple step (left, right, left) (end facing 6:00)

REPEAT