Let The Good Times Roll

級數: Intermediate west coast swing

編舞者: Mark Cosenza (USA)

音樂: We're Not Here for a Long Time - Huey Lewis & The News

STEP FORWARD, MODIFIED FORWARD SAILORS, STEP FORWARD, SIDE, BACK

- 1-2&3 Step forward right, pivot diagonal right & cross back left, step forward right, step forward left
- 4&5 Pivot complete ¼ turn right and cross back right, step forward left, step forward right
- 6-8 Step forward left, step right side right, step back left

STEP FORWARD, MODIFIED FORWARD SAILORS, STEP FORWARD, SIDE, BACK

1-8 Repeat counts 1-8

拍數: 64

STEP BACK, CROSS & CROSS, ROCK & CROSS, STEP AROUND ½ PIVOT

- 1-2&3 Back right, cross left over right, step side right, cross left over right
- 4&5 Rock right side right, recover left, cross right over left
- 6-8 Step back left, pivot ¼ right and step down right, pivot ¼ right and step down left

STEP KICK, ¼ PIVOT KICK, JAZZ BOX

- 1-2 Step forward right, kick side left (s/b a small bent kick)
- 3-4 Pivot ¼ right and step down left, kick forward right
- 5-8 Step down right, cross left over right, step back right, step left next to right

STEP, COASTER STEP, SHUFFLE STEP, STEP & SHOULDER DROPS

- 1-2&3 Step right side right, step back left, step right next to left, step forward left
- 4&5 Shuffle forward right, left, right
- 6-8 Step forward left, snap left fingers, look over shoulder and snap right fingers

- 1-2&3 Pivot 1/2 turn and step forward right, moving diagonal left, shuffle forward left, right, left
- 4&5 Moving diagonal right, shuffle forward right, left, right
- 6 Step forward left (no longer facing diagonal)
- 7-8 Rock forward right, recover left

STEP, CROSS KICK, CROSS STEP, PIVOT STEP, POINT FORWARD, OUT, IN

- 1-2 Step forward right, kick cross left over right
- 3-4 Cross step left over right, step back right
- 5-6 Pivot ¼ left and step left down, point right in front of left
- 7-8 Touch right side right, touch right next to left

STEP DOWN & SIDE, DOWN & SIDE, STEP DOWN AND WALK FORWARD

- 1-2 Step down on right, take a large step side left and spread out arms
- 3-4 Step down on right, take a large step side left and spread out arms
- 5 Step down on right
- 6-8 Walk forward left, right, left

REPEAT

RESTART

At the end of wall 5 (you should be facing the back wall), replace the last 4 counts of the dance with5-8Pivot ¼ right and walk forward right, left, right, left

Then complete the last 16 counts of the dance again. Begin the dance again (should be facing the back wall)





牆婁

牆數:2