

Let Me Off

拍數: 64 牆數: 4 級數: Improver
編舞者: Robbie McGowan Hickie (UK)
音樂: Stop the World - Dwight Yoakam



REVERSE RUMBA BOX

1-4 Step right to right side, step left beside right, step back on right, hold
5-8 Step left to left side, step right beside left, step forward on left, hold

RIGHT LOCK STEP FORWARD, SCUFF, LEFT MAMBO FORWARD, HOLD

1-4 Step forward on right, lock left behind right, step forward on right, scuff left forward
5-8 Rock forward on left, rock back on right, step back on left, hold

2 X HALF TURNS RIGHT WITH HOLDS, SWEEP BEHIND, SIDE, CROSS, HOLD

1-2 Turn ½ turn right stepping forward on right, hold
3-4 Turn ½ turn right stepping back on left, hold
5-6 Sweep right foot out and around to cross behind left, step left to left side
7-8 Cross step right over left, hold, (facing 12:00)

SIDE ROCK CROSS, HOLD, VINE QUARTER TURN RIGHT, HOLD

1-4 Rock left to left side, recover weight on right, cross step left over right, hold
5-8 Step right to right side, cross left behind right, step right ¼ turn right, hold, (facing 3:00)

STEP, PIVOT HALF TURN RIGHT, STEP, HOLD, 2 X HEEL GRINDS FORWARD

1-4 Step forward on left, pivot ½ turn right, step forward on left, hold
5-6 Dig right heel forward - toes pointing left, grind right heel fanning toes right, (taking weight)
7-8 Dig left heel forward - toes pointing right, grind left heel fanning toes left, (taking weight)

RIGHT MAMBO FORWARD, HOLD, SLOW LEFT COASTER CROSS, HOLD

1-4 Rock forward on right, rock back on left, step back on right, hold
5-8 Step back on left, step right beside left, cross step left over right, hold, (facing 9:00)

SIDE STRUT, CROSS, STRUT, HEEL SWIVELS QUARTER TURN RIGHT, HOLD

1-2 Step right toe to right side, drop right heel to floor
3-4 Cross left toe over right, drop left heel to floor
5-6 On ball of both feet, swivel both heels left, swivel both heels to center
7-8 Swivel both heels left turning ¼ turn right, hold, (weight on left) (facing 12:00)

SIDE ROCK CROSS, HOLD, SIDE ROCK QUARTER TURN RIGHT, STEP, HOLD

1-4 Rock right to right side, recover weight on left, cross step right over left, hold
5-8 Rock left to left side, recover weight on right turning ¼ turn right, step forward on left, hold
(facing 3:00)

REPEAT