

Let It Swing

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK)
音樂: Swing With Me - Jessica Simpson



CROSS MAMBO ¼ TURN RIGHT, ½ TURN RIGHT, ¼ TURN RIGHT, HIPS BUMPS, LEFT SAILOR ½ TURN LEFT

1&2 Cross rock right over left, rock back on left, turn ¼ turn right stepping forward on right
3-4 Turn ½ turn right stepping back on left, turn ¼ turn right stepping right to right side
5&6 Touch left toe diagonally forward left bumping hips left, right, left, (keeping weight on right)
7&8 Sweep left out and around turning ½ turn left, step right beside left, step forward on left

CROSS MAMBO ¼ TURN RIGHT, ½ TURN RIGHT, ¼ TURN RIGHT, HIPS BUMPS, LEFT SAILOR ½ TURN LEFT

1-8 Repeat above counts 1-8 (now facing 12:00)

PRISSY WALKS TWICE, RIGHT MAMBO FORWARD, LEFT SHUFFLE ½ TURN LEFT, STEP, PIVOT ½ TURN LEFT, STEP

1-2 Walk forward crossing right over left, walk forward crossing left over right
3&4 Rock forward on right, rock back on left, step back on right
5&6 Left shuffle turning ½ turn left stepping left, right, left
7&8 Step forward on right, pivot ½ turn left, step forward on right, (facing 12:00)

LEFT SCISSOR STEP, RIGHT SCISSOR STEP, ¼ TURN RIGHT, STEP BACK, LEFT COASTER STEP

1&2 Long step left to left side, slide/close right beside left, cross step left over right
3&4 Long step right to right side, slide/close left beside right, cross step right over left
5-6 Turn ¼ turn right stepping back on left, step back on right
7&8 Step back on left, step right beside left, step forward on left, (facing 3:00)

RIGHT LOCK STEP FORWARD, FULL TURN RIGHT, LEFT LOCK STEP FORWARD, RIGHT MAMBO FORWARD

1&2 Step forward on right, lock step left behind right, step forward on right
3-4 Turn ½ turn right stepping slightly back on left, spin ½ turn right stepping right beside left
5&6 Step forward on left, lock step right behind left, step forward on left
7&8 Rock forward on right, rock back on left, step back on right

Option:

3-4 Step slightly forward on left, lock step right behind left

TOE STRUTS BACK WITH SHIMMY, LEFT COASTER CROSS, CHASSE ¼ TURN RIGHT, STEP, ¼ TURN RIGHT CROSS

1& Step back on left toe, drop left heel to floor, - shimmy shoulders at the same time
2& Step back on right toe, drop right heel to floor, - shimmy shoulders at the same time
3&4 Step back on left, step right beside left, cross step left over right
5&6 Step right to right side, close left beside right, turn ¼ turn right stepping forward on right
7&8 Step forward on left, pivot ¼ turn right, cross step left over right, (facing 9:00)

SYNCOPATED RUMBA BOX, 2 X ½ TURNS RIGHT, BEHIND, SIDE, CROSS

1&2 Step right to right side, close left beside right, step forward on right
3&4 Step left to left side, close right beside left, step back on left
5-6 Turn ½ turn right stepping forward on right, turn ½ turn right stepping back on left
7&8 Cross right behind left, step left slightly left, cross step right over left, (facing 9:00)

LEFT SIDE ROCK & CROSS, CHASSE RIGHT, LEFT MAMBO BACK, STEP, PIVOT ½ TURN LEFT

1&2 Rock left out to left side, recover weight on right, cross step left over right

3&4 Step right to right side, close left beside right, step right to right side

5&6 Rock back on left, rock forward on right, step forward on left

7-8 Step forward on right, pivot ½ turn left, (facing 3:00)

REPEAT

OPTIONAL ENDING

Dance finishes on count 16 of wall 6 (left sailor ½ turn left). Replace ½ turn with left sailor ¾ turn left to end facing 12:00 wall
