

Let It Roll

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: Road House Blues - Elkie



STEP & SWIVEL, KICK BALL CHANGE, FORWARD SHUFFLE, ROCK STEP

1&2 Step forward on right, swivel both heels right, swivel both heels to center
3&4 Kick right forward, step back on ball of right, step left in place
5&6 Shuffle forward on right, left, right
7-8 Rock forward on left, rock back on right

TURN ¼ LEFT WITH CHASSE, CROSS, SIDE, KICK OUT, OUT, TOGETHER, STEP OUT

1&2 Turn ¼ left stepping left to left side, step right next to left, step left
3-4 Cross step right in front of left, step left to left side
5&6 Kick right forward, step right to right side, step left out to left side
On steps 5 & 6 as the feet step apart bend knees slightly and slap your thighs
7 Step right next to left straightening knees and clap at the same time
8 Step right out to right side slightly bending knees and slapping your thighs

CROSS SHUFFLE, TURN ½ LEFT, PIVOT ½ TURN LEFT, ROCK STEP

1&2 Cross step left over right, step right to right side, cross step left over right
3-4 Turn ¼ left stepping back on right, turn ¼ left stepping left to left side
5-6 Step forward on right, pivot ½ turn right, (facing 9:00)
7-8 Rock forward on right, recover on to left

WEAVE LEFT, SIDE STEP, SLIDE IN, KNEE ROLLS, RIGHT SIDE STEP, TOGETHER

1&2 Cross step right behind left, step left to left side, cross step right over left
3-4 Take a big step left, slide right in next to left
5-6 Keeping knees together, roll knees to the left twice
7-8 Step right out to right side, step left next to right

CHASSE ¼ TURN RIGHT, STEP ½ PIVOT RIGHT, SHUFFLE FORWARD, ¾ TURN LEFT

1&2 Step right to right side, step left next to right, step right to right side with ¼ turn right, (facing 12:00)
3-4 Step forward on left, pivot ½ turn right
5&6 Shuffle forward on left, right, left
7-8 Turn ¼ left stepping right to right side, turn ½ left stepping left to left side

CROSS STEP, SIDE TOUCH, FORWARD STEP, SCUFF, SHUFFLE BACK, STEP BACK, TOGETHER

1-2 Cross step right over left, touch left toe out to left side
3&4 Step forward on left, scuff right foot forward, hitch right knee up
5&6 Shuffle back on right, left right
7-8 Step back on left, step right next to left

CROSS STEP, SIDE TOUCH, CROSS STEP, SIDE TOUCH, COASTER STEP, HIP ROLL

1-2 Cross step left over right, touch right toe out to right side
3-4 Cross step right over left, touch left to out to left side
5&6 Step back on left, step right next to left, step forward on left
7& Step forward on right, bend the knees & roll hips forward
8 Transfer weight back on to left

SHUFFLE FORWARD, STEP ½ PIVOT RIGHT, SHUFFLE FORWARD, STEP ½ PIVOT LEFT

1&2 Shuffle forward on right, left, right
3-4 Step forward on left, pivot $\frac{1}{2}$ turn right
5&6 Shuffle forward on left, right, left
7-8 Step forward on right, pivot $\frac{1}{2}$ turn left

REPEAT
