

Let It Go

拍數: 64 牆數: 2 級數: Improver
編舞者: Liz O'Sullivan (IRE)
音樂: If It Don't Come Easy - Tanya Tucker



SYNCOPATED GRAPEVINE RIGHT, LEFT KICK-BALL-POINT AND POINT, HITCH

1-2 Step right to right side, step left behind right
&3-4 Step right to side, cross left over right, step right to side
5&6 Left kick ball, point right to right side
&7-8 Close right to left, point left to left side, hitch right

SHUFFLE ¼ TURN LEFT, SHUFFLE ¼ TURN RIGHT, SHUFFLE ½ TURN LEFT, RIGHT LEFT, CLAP

1&2 Turn ¼ left, stepping left forward, close right to left, step forward left
3&4 Turn ¼ right, stepping right forward, close left to right, step forward right
5&6 Turn ½ left, stepping left forward, close right to left, step forward left
&7-8 Stomp right, stomp left, clap

CROSSING SHUFFLE, SIDE ROCK, KICK BALL CHANGE, AND SIDE CLOSE

1&2 Cross step right over left, step left to side, cross step right over left
3-4 Rock step left to left side, recover weight on to right
5&6 Left kick, step on to left, recover weight on to right
&7-8 Close left to right, step right to side, close left, clap

JAZZ BOX WITH ¼ TURN RIGHT, MONTEREY ½ TURN

1-2 Cross right over left, step back on to left
3-4 Turn ¼ right stepping forward right, close left
5-6 Point right to side, turn ½ right, closing right to left
7-8 Point left to left side, close left to right

CHASSE RIGHT, LEFT ROCK STEP, CHASSE LEFT, RIGHT ROCK STEP

1&2 Step right to right side, close left to right, step right to right side
3-4 Cross rock left over right, recover weight on to right
5&6 Step left to left side, close right to left, step left to left side
7-8 Cross rock right over left, recover weight on to left

MONTEREY ½ TURN RIGHT, POINT TOUCH, POINT CLOSE, MONTEREY TURN

1-2 Point right to side, turn ½ turn right closing right to left
3-4 Point left to side, touch left to right instep
5-6 Point left to side, close left to right
7-8 Point right to side, turn ½ turn right closing right to left

POINT LEFT TO LEFT SIDE, TOUCH, POINT LEFT TO SIDE, TOUCH, GRAPEVINE LEFT

1-2 Point left to side, touch left to right instep
3-4 Point left to side, touch left to right instep
5-6 Step left to side, step right behind left
7-8 Step left to side, touch right next to left

POINT RIGHT, HOOK, ¼ TURN SHUFFLE RIGHT, FULL TURN, SHUFFLE

1-2 Point right to right side, hook right across left
3&4 ¼ turn stepping right forward, close left, step forward right
5-6 Full turn right - stepping left, right

7&8

Step forward left, close right to left, step forward left

REPEAT
