

Lessons Over The Years (L.O.T.Y.)

COPPER KNOB
BY STEPHEN BRETZ

拍數: 34 牆數: 4 級數: Improver
編舞者: K C Ang (SG) & Rosemary Ang (SG)
音樂: Over the Years - Isla Grant



RIGHT CROSS ROCK, BACK LOCK STEPS, SIDE CROSS, SIDE RECOVER

1-2 Cross right over left, recover weight on left
&3&4 Sweep right behind left, step right behind left, lock step left over right, step right back
5-6 Step to left on left, cross right over left
7-8 Step left on left, recover weight on right
Dance steps 1-4 diagonally, facing 10:30. Square up to 12:00 on steps 5-8

LEFT CROSS ROCK, BACK LOCK STEPS, SIDE CROSS, SIDE ROCK TOUCH

1-2- Cross left over right, recover weight on right
&3&4 Sweep left behind right, step left behind right, lock step right over left, step left back
5-6 Step to right on right, cross left over right
7&8 Step right on right, recover weight on left, touch right beside left
Dance steps 9-12 diagonally, facing 1:30. Square up to 12:00 on steps 13-16

RIGHT FORWARD/ LEFT FORWARD SHUFFLE, PIVOT ½ TURN, FORWARD SHUFFLE

1&2 Step right forward, close left beside right, step right forward
3&4 Step left forward, close right beside left, step left forward
5-6 Step right forward, pivot ½ turn left
7&8 Step right forward, close left beside right, step right forward

VINE TO LEFT, VINE TO RIGHT WITH ¼ LEFT TURN

1-2 Step left to left, cross step right behind left
&3-4 Step left to left. Cross step right over left, rock left to left
5-6 Recover weight on right, cross step left behind right
&7-8 Step right to right, cross step left over right, step back on right with a ¼ turn left (3:00 wall)

STEP BACK, POINT

1-2 Step back on left, point right to right

REPEAT

RESTART

During wall 5 (12:00 wall), dance until count 16 and do a 2-count sway to the right and left. Start wall 6 from count 1

Dance again until count 16 and do the 2-count sway to the right and left, restart dance (wall 7) from count 1

ENDING

During the last wall (wall 8, starting at 3:00), you will end facing the back wall. To end facing the front wall, do counts 33-34 as follows:

33-4 Do a toe ½ turn left as you step on left, point right to right and pose