

# Lessons Over The Years (L.O.T.Y.)

**COPPER** KNOB  
BY STEPHEN T. S.

拍數: 34      牆數: 4      級數: Improver  
編舞者: K C Ang (SG) & Rosemary Ang (SG)  
音樂: Over the Years - Isla Grant



## RIGHT CROSS ROCK, BACK LOCK STEPS, SIDE CROSS, SIDE RECOVER

1-2            Cross right over left, recover weight on left  
&3&4        Sweep right behind left, step right behind left, lock step left over right, step right back  
5-6            Step to left on left, cross right over left  
7-8            Step left on left, recover weight on right  
**Dance steps 1-4 diagonally, facing 10:30. Square up to 12:00 on steps 5-8**

## LEFT CROSS ROCK, BACK LOCK STEPS, SIDE CROSS, SIDE ROCK TOUCH

1-2-            Cross left over right, recover weight on right  
&3&4        Sweep left behind right, step left behind right, lock step right over left, step left back  
5-6            Step to right on right, cross left over right  
7&8            Step right on right, recover weight on left, touch right beside left  
**Dance steps 9-12 diagonally, facing 1:30. Square up to 12:00 on steps 13-16**

## RIGHT FORWARD/ LEFT FORWARD SHUFFLE, PIVOT ½ TURN, FORWARD SHUFFLE

1&2            Step right forward, close left beside right, step right forward  
3&4            Step left forward, close right beside left, step left forward  
5-6            Step right forward, pivot ½ turn left  
7&8            Step right forward, close left beside right, step right forward

## VINE TO LEFT, VINE TO RIGHT WITH ¼ LEFT TURN

1-2            Step left to left, cross step right behind left  
&3-4        Step left to left. Cross step right over left, rock left to left  
5-6            Recover weight on right, cross step left behind right  
&7-8        Step right to right, cross step left over right, step back on right with a ¼ turn left (3:00 wall)

## STEP BACK, POINT

1-2            Step back on left, point right to right

## REPEAT

## RESTART

During wall 5 (12:00 wall), dance until count 16 and do a 2-count sway to the right and left. Start wall 6 from count 1

Dance again until count 16 and do the 2-count sway to the right and left, restart dance (wall 7) from count 1

## ENDING

During the last wall (wall 8, starting at 3:00), you will end facing the back wall. To end facing the front wall, do counts 33-34 as follows:

33-4            Do a toe ½ turn left as you step on left, point right to right and pose